

coloring book

Hamsa

40 Hamsa Designs to Color

Includes a template for you to design your own hamsa.

www.truenortharts.com

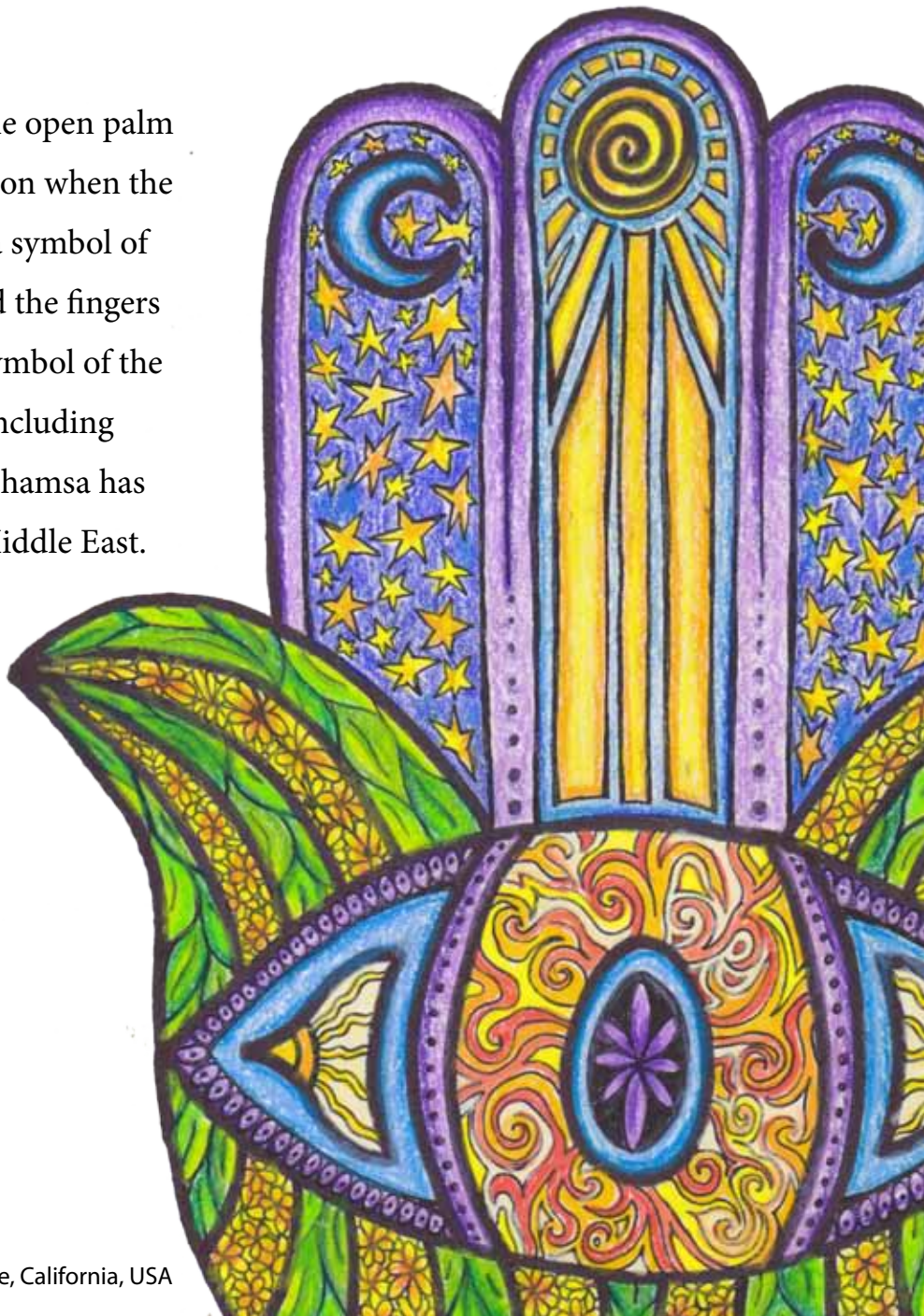


Thank you for downloading the Hamsa Coloring Book from truenortharts.com

39 artists from 11 countries and 17 states in the US submitted a hamsa symbol for you to color. This collection has 39 designs and a template for you to complete the collection by drawing the 40th hamsa symbol.

About the Hamsa Symbol

The hamsa is a familiar symbol of the open palm that traditionally represents protection when the fingers are pointing upward and as a symbol of blessings when the palm is open and the fingers are pointing downward. Since the symbol of the hand is shared among many faiths including Jewish, Muslim, and Christians, the hamsa has become a symbol of **peace** in the Middle East.



Artist: Anna Dohnke, California, USA



Artist: Patricia J. Mosca, New York, USA

Spreading Blessings for Peace and Joy

When the participants from our 100 Mandalas Community were asked to create a hamsa coloring page for this project, they were asked to think of YOU the person downloading the coloring book.

Imagine people all over the world creating and contributing the art for this project, each with wishes of peace and joy for YOU.

Imagine all of the people downloading this coloring book, receiving our blessings and enjoying the beautiful designs and deeply relaxing as they color.

Imagine more people around the world filled with peace and joy.

You are invited!



Artist: Rita Gjeffe, Montana, USA

Thank you for downloading this coloring book. We hope you will have hours of enjoyment coloring it in. We saved the 40th hamsa for you! The last page of this book has a template for you to doodle a design and color in. We hope you'll show us your design.

Coming Soon!

A new online community is opening up in 2026. Subscribers to the True North Arts newsletter will get the first invitation to join.

- ❖ Learn how to draw mandalas.
- ❖ Watch how-to videos for beginners.
- ❖ Share your mandalas and hamsa projects.
- ❖ Connect with lovely people from all over the world.
- ❖ Participate in mandala “community” projects.
- ❖ Take classes and join challenges.

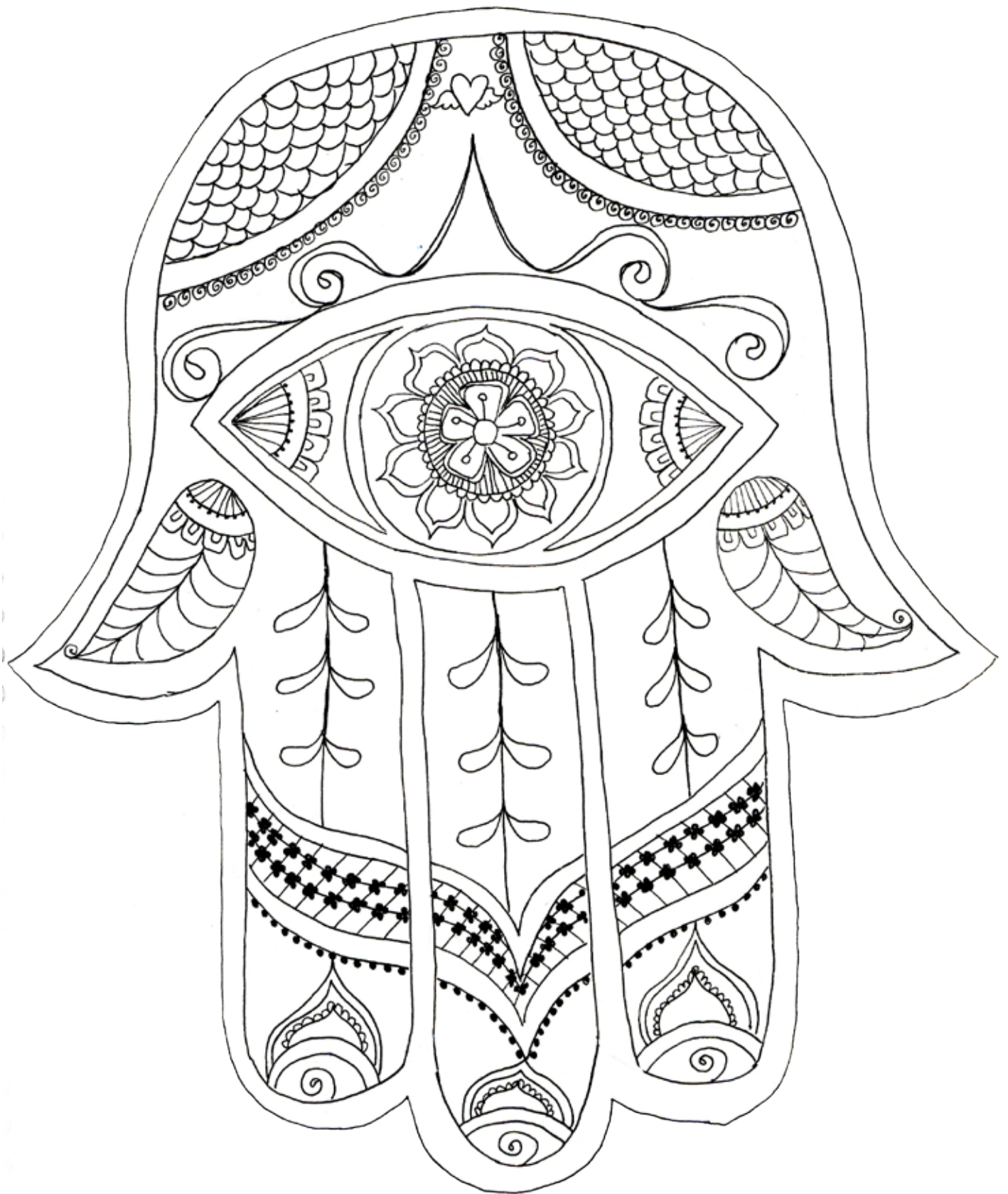
Learn more at www.truenortharts.com

Kathryn Costa, New Hampshire, USA

I started the 100 Mandalas Challenge in 2014 to explore the creative possibilities within a circle and discovered so much more: creating mandalas is a powerful tool for relaxing, healing, and cultivating joy. When I'm not creating mandalas, I enjoy collage, art journaling, astrology, and Traveling by Moonlight. I live in New England with my two cats, Milo and Sparrow. Look for my book, “The Mandala Guidebook: How to Draw, Paint, and Color Expressive Mandala Art” and stencils at StencilGirl Products.



Brightest Blessings,
Kathryn Costa



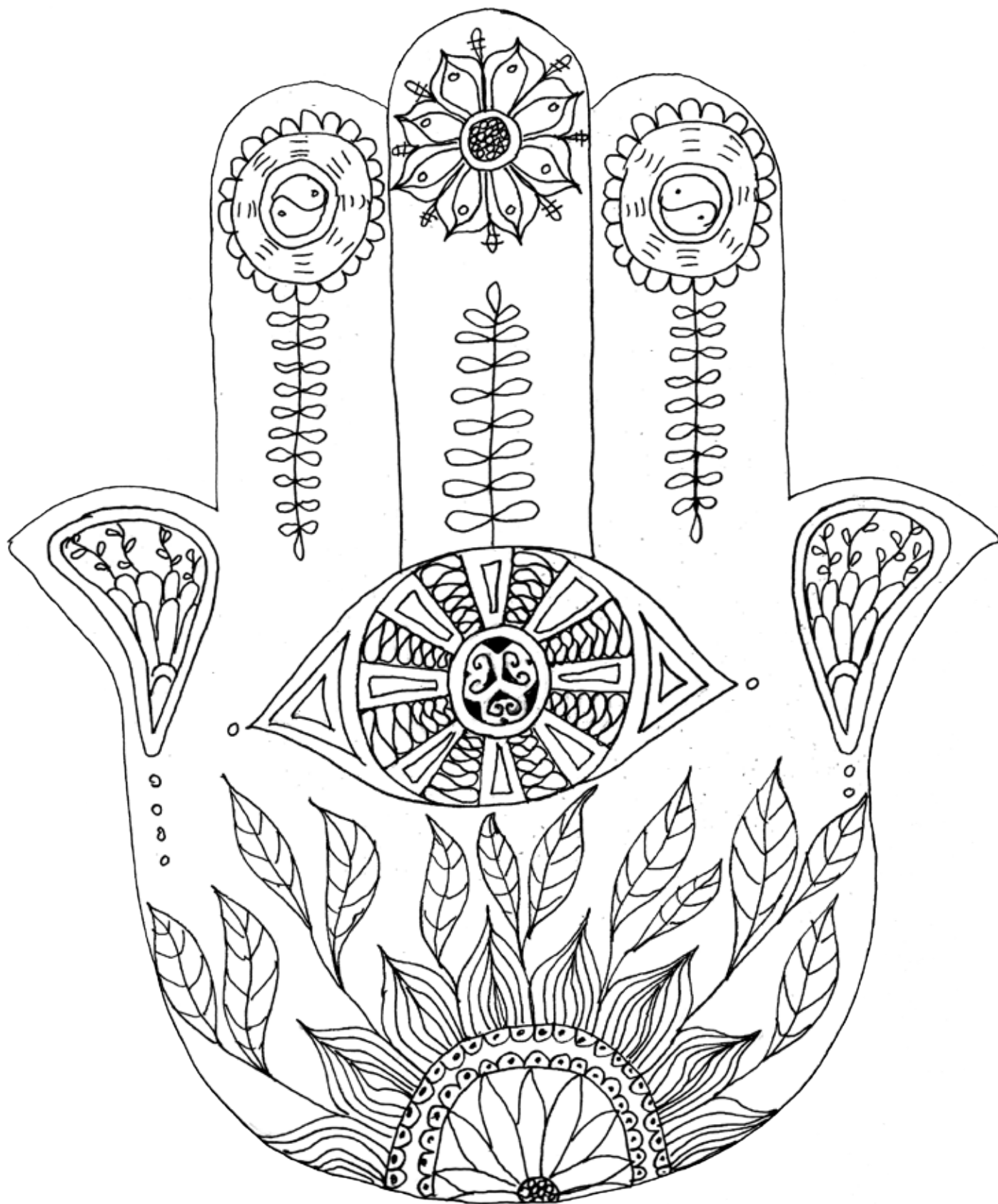
Artist: Kathryn Costa, New Hampshire, USA
Find her on the web at: www.truenortharts.com

Learn more about mandalas and how to draw them at:
www.truenortharts.com



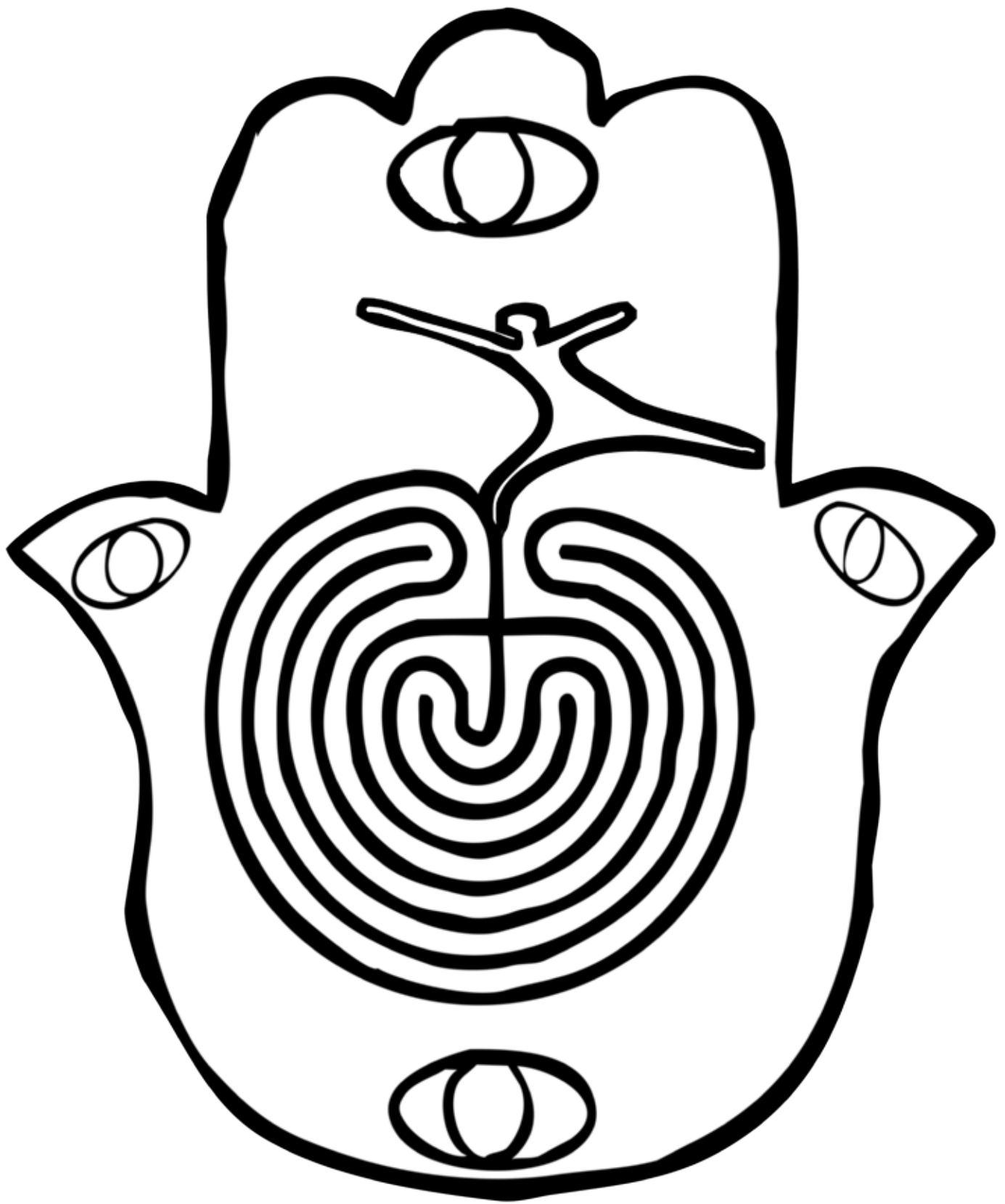
Artist: Sadelle Wiltshire, Vermont, USA
Find her on the web at: www.tanglevermont.com

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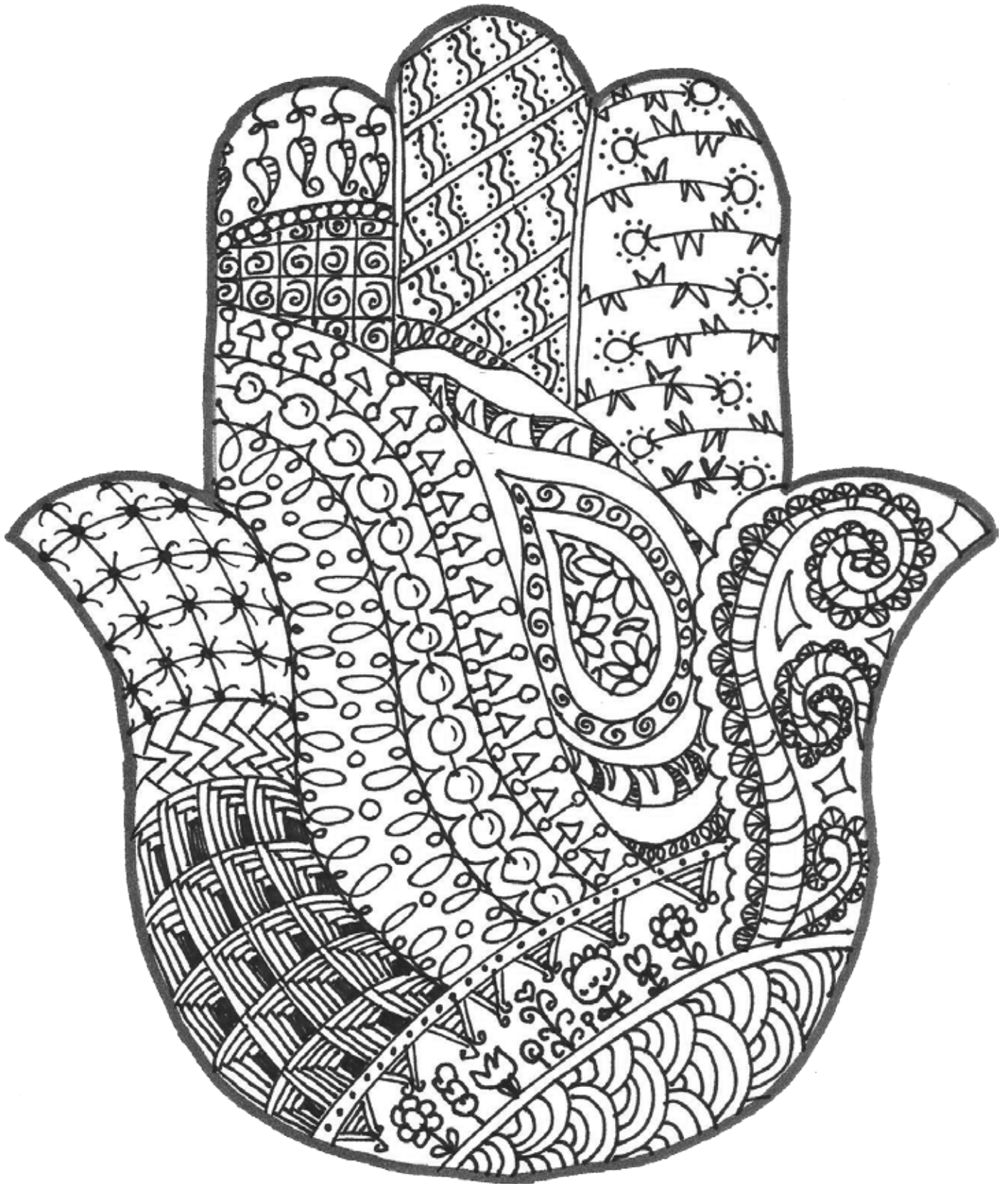
Artist: Sigga Dis Art, Keflavik, Iceland
Find her on the web at: www.siggadisart.blogspot.com

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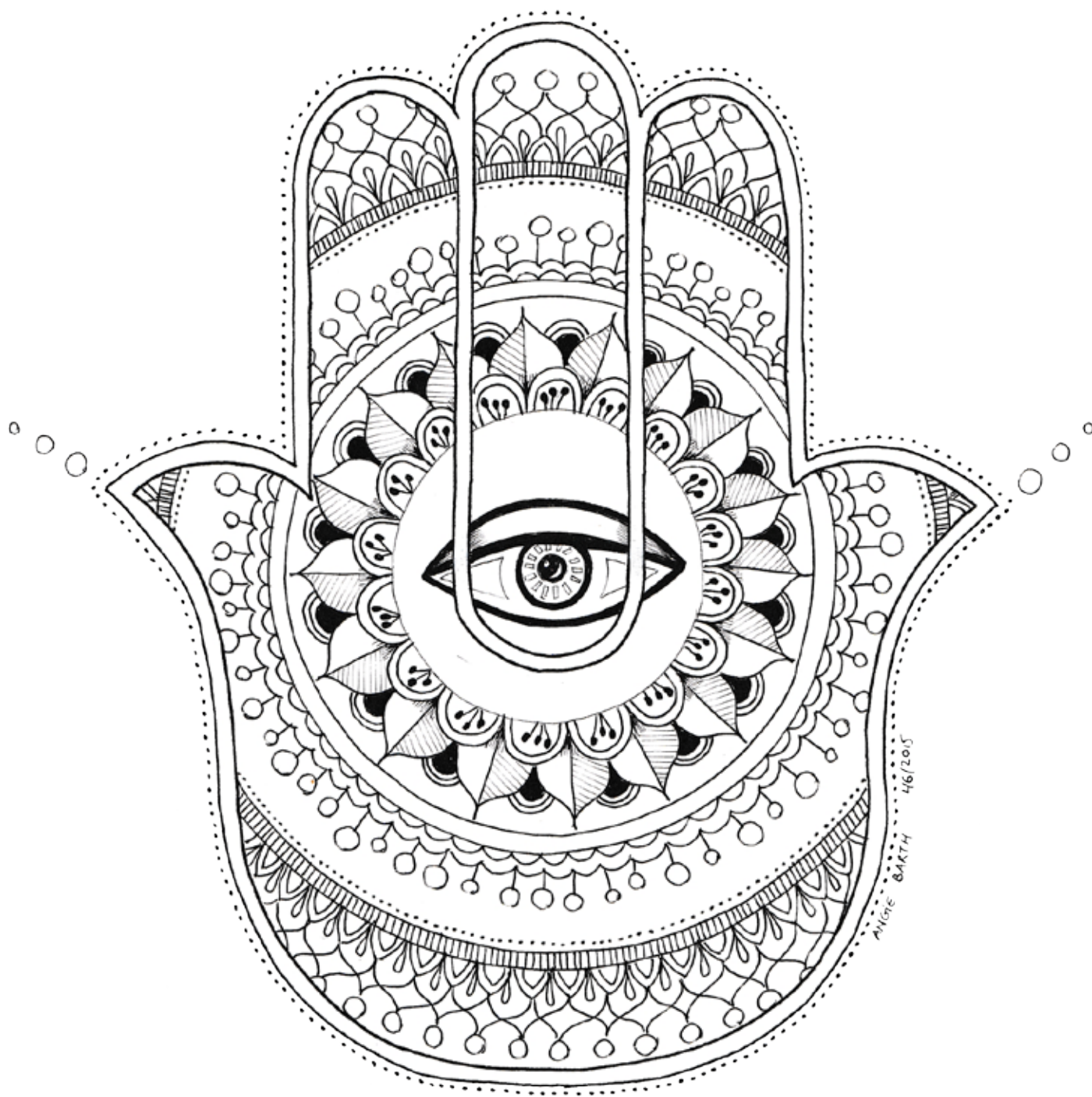
Artist: Danielle Byron, Illinois, USA

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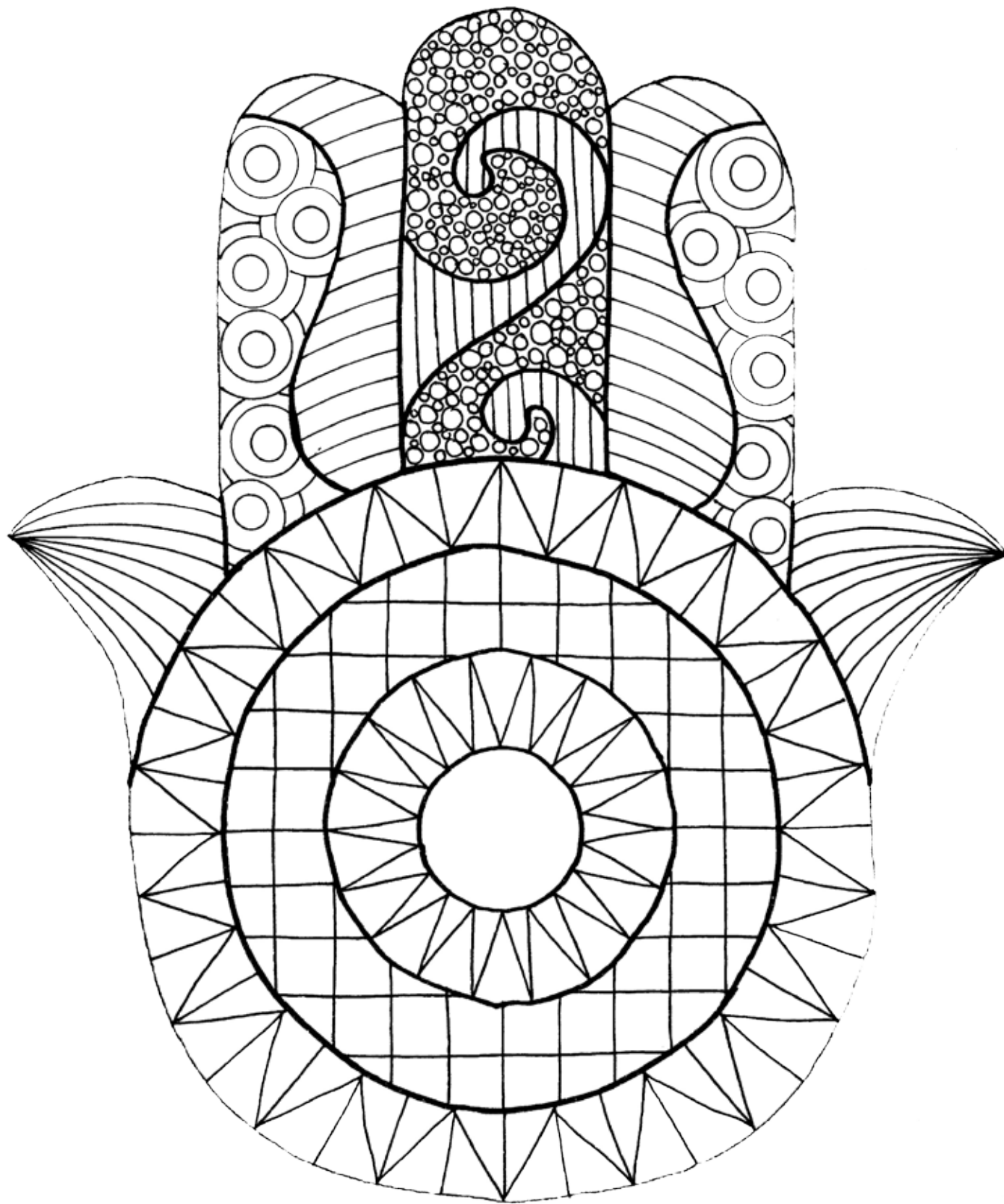
Artist: Catherine Calvetti, Wisconsin, USA

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Artist: Angie Barth, South Sinai, Egypt
Find her on the web at: www.HappyColourShop.com

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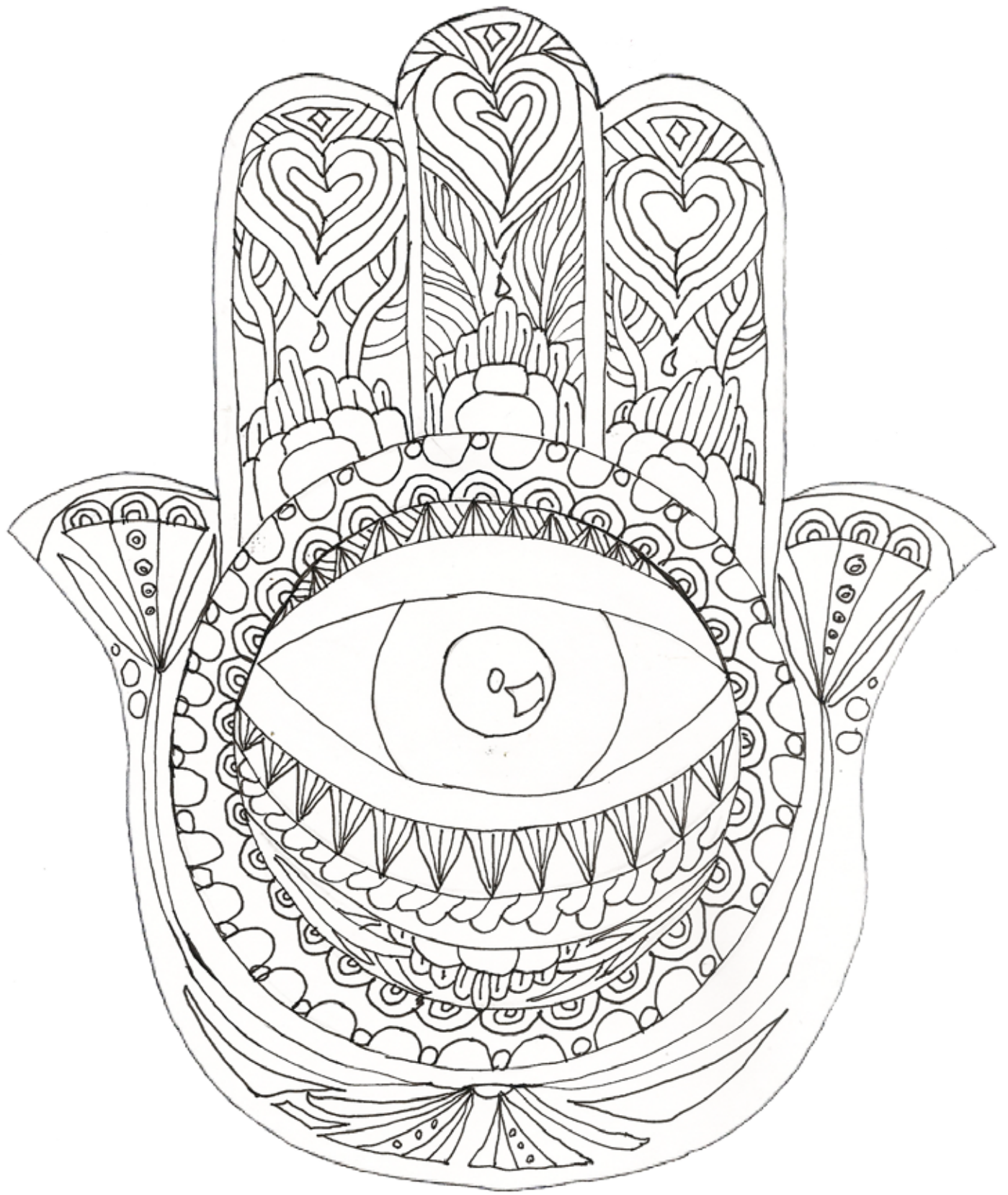
Artist: Simone Tipton, NSW, Australia

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Artist: Timea Marics, Italy

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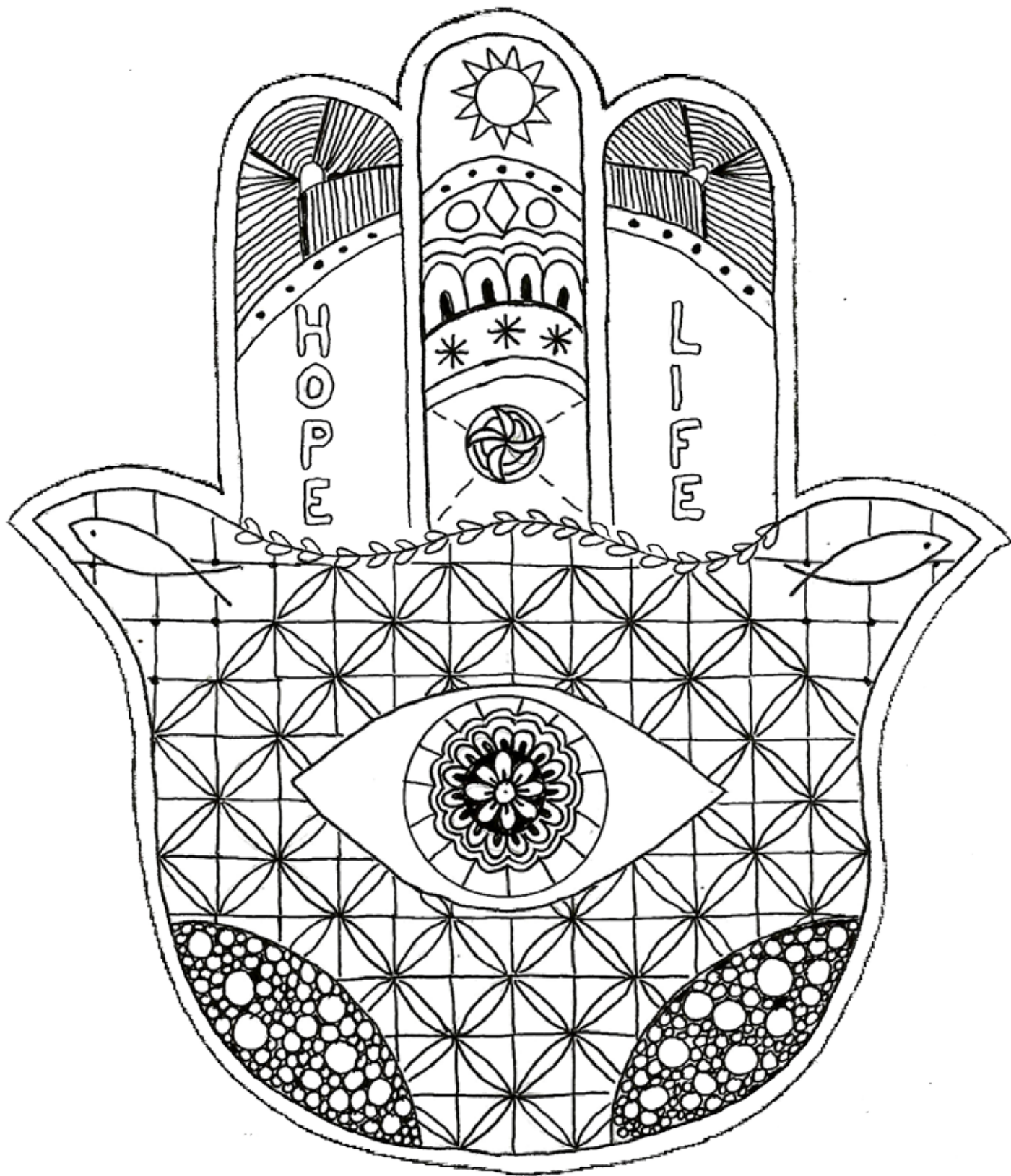
Artist: Nance Dubuc, California, USA

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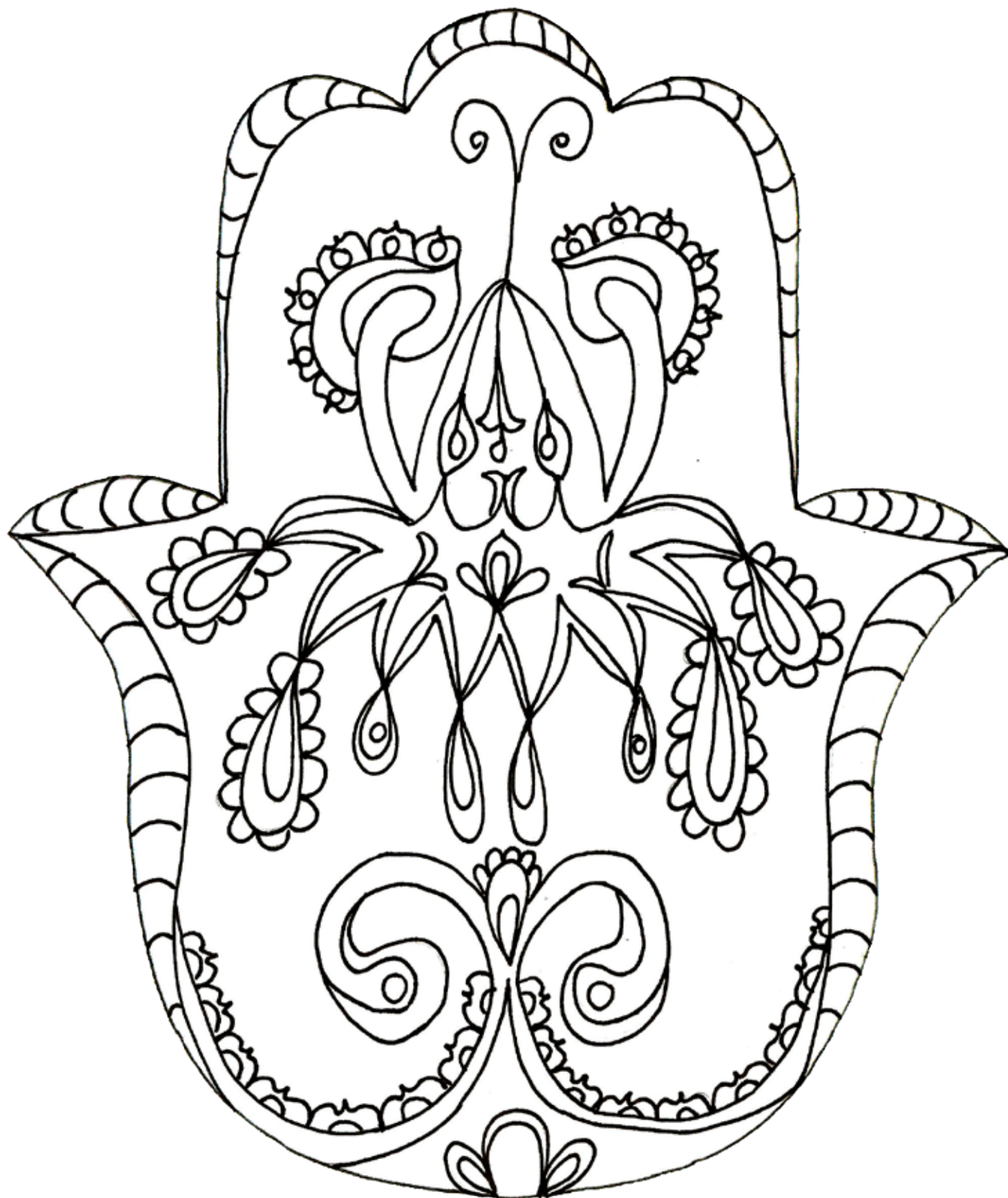
Artist: Patricia J. Mosca, New York, USA

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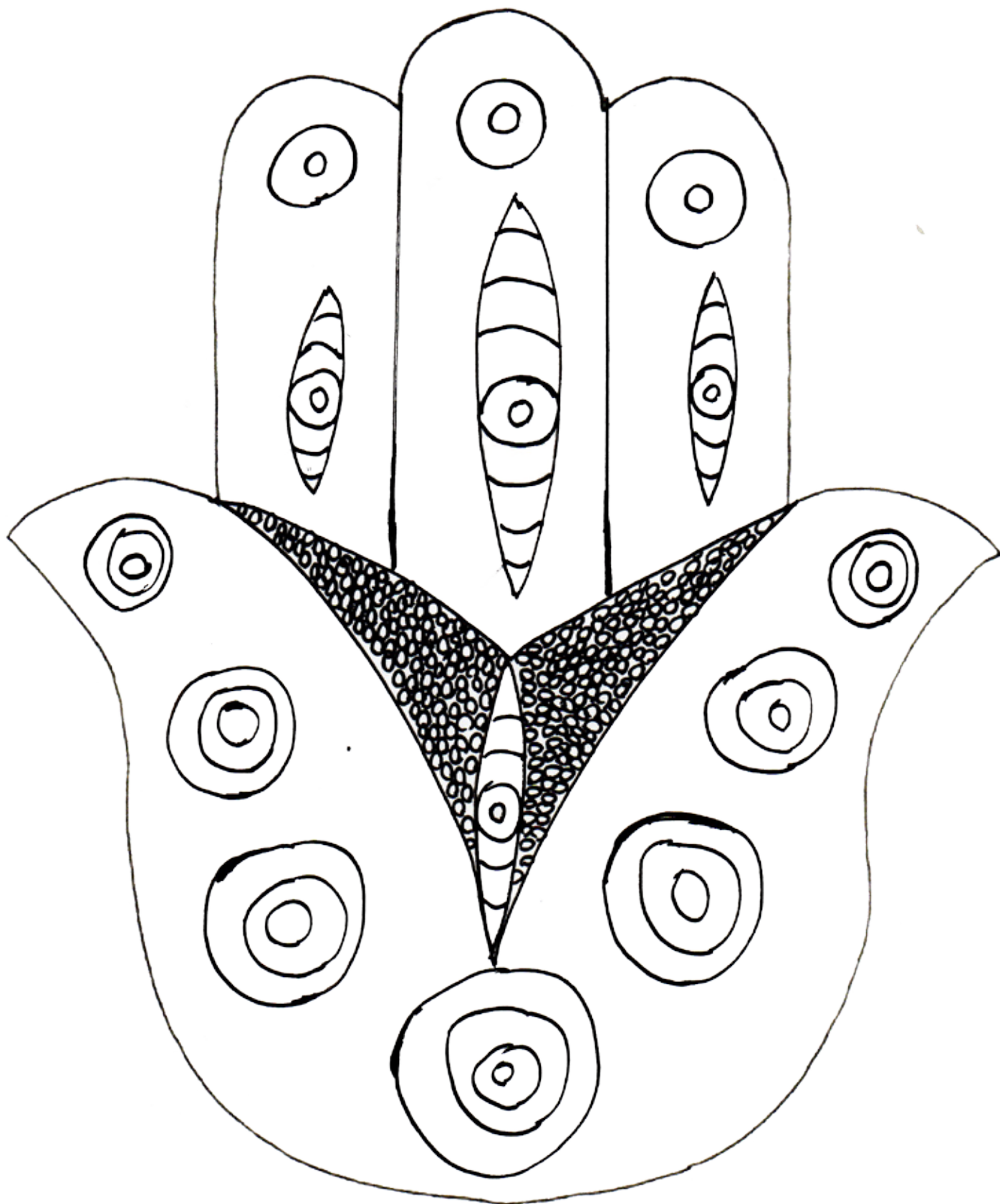
Artist: Judy Cass, Australia

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Artist: Shona Kiley, South Africa
Find her on the web at: creativeot.co.za

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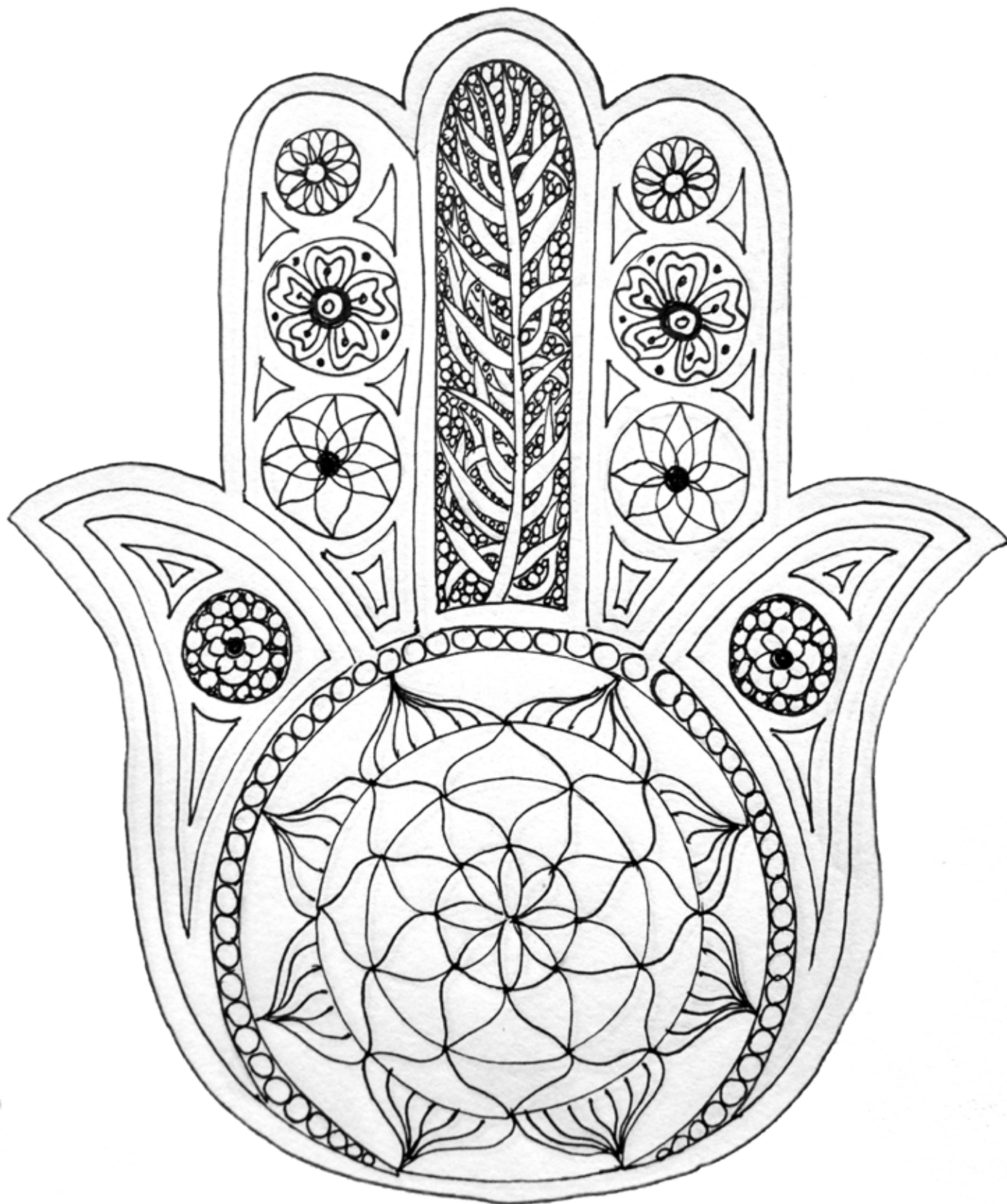
Artist: Aly Hurst, Bristol, UK

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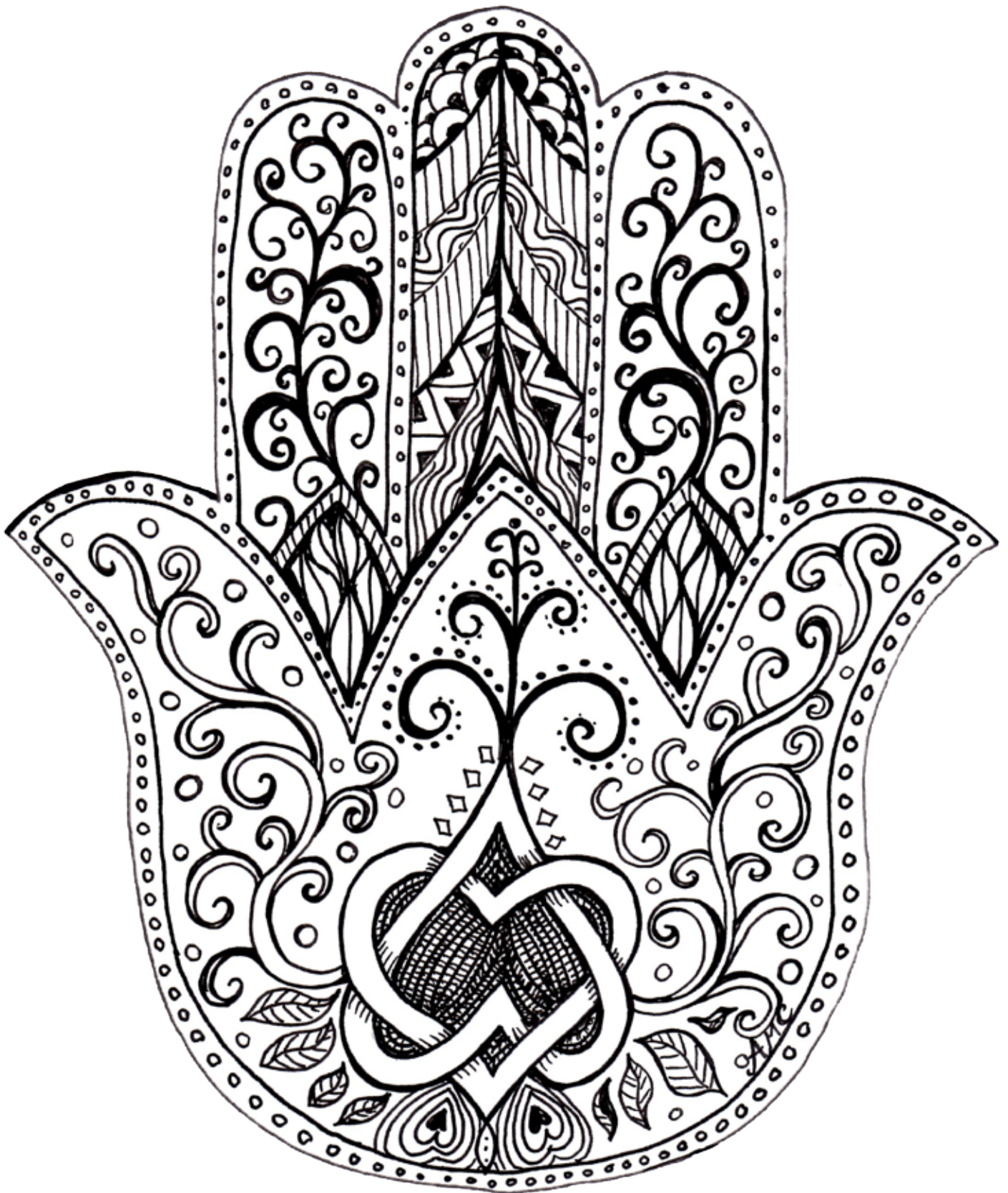
Artist: Susan Kolovson, Michigan, USA

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Artist: Pat Langley, Texas, USA
Find her on the web at: patlangley.blogspot.com

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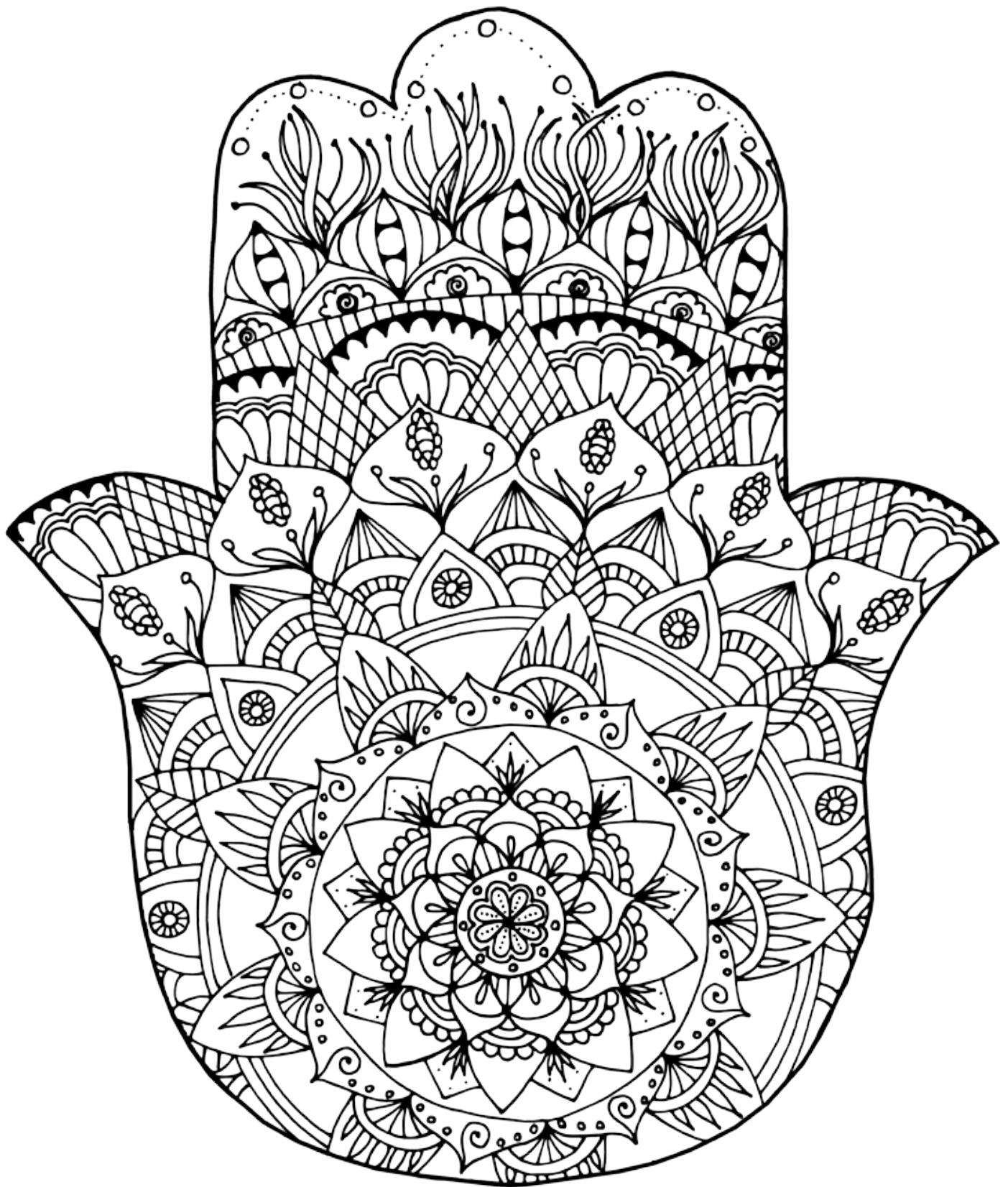
Artist: Ann-Marie Cheung, Canada
Find her on the web at: annmariecheung.com

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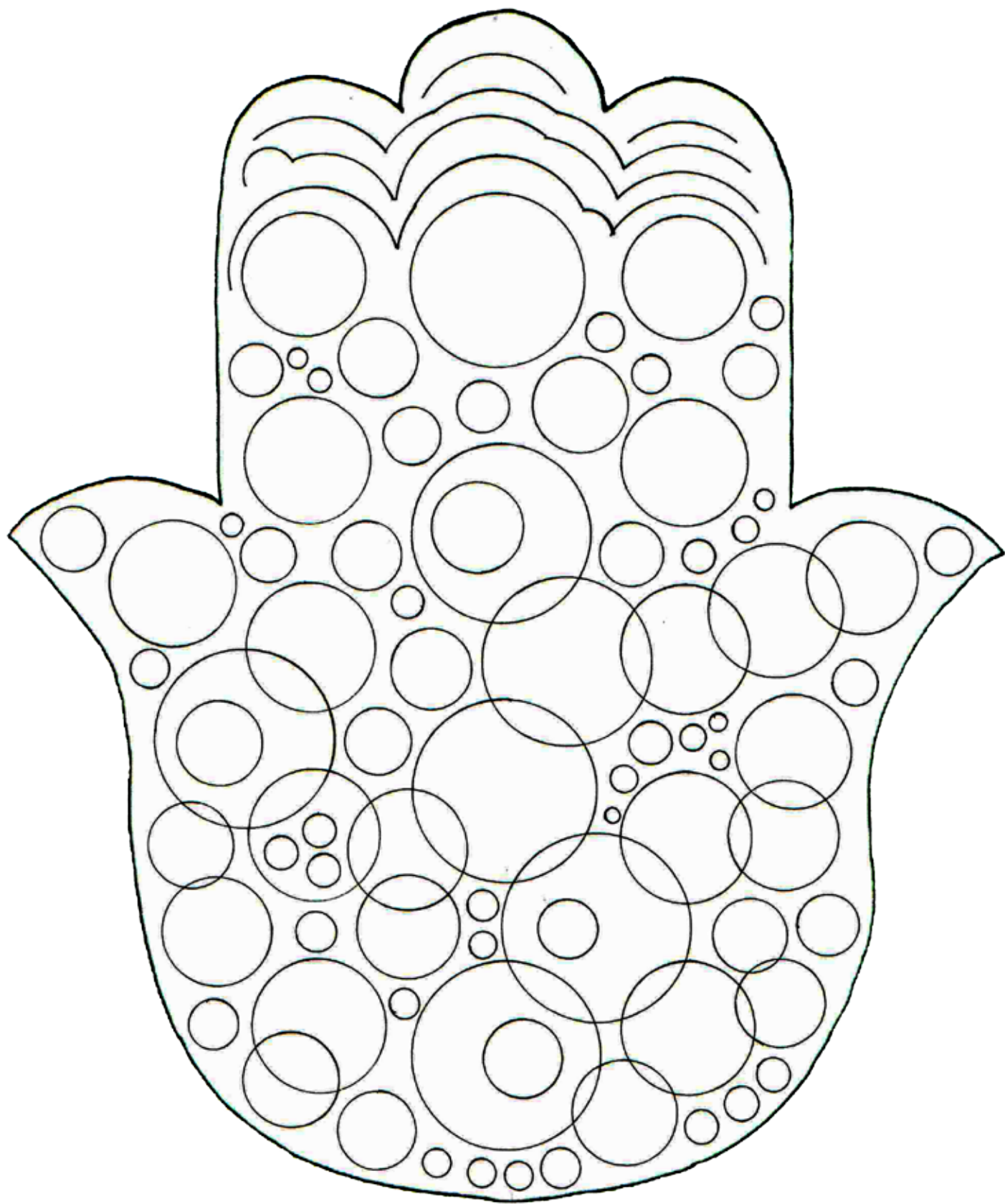
Artist: Fabienne Tosi, Geneva, Switzerland

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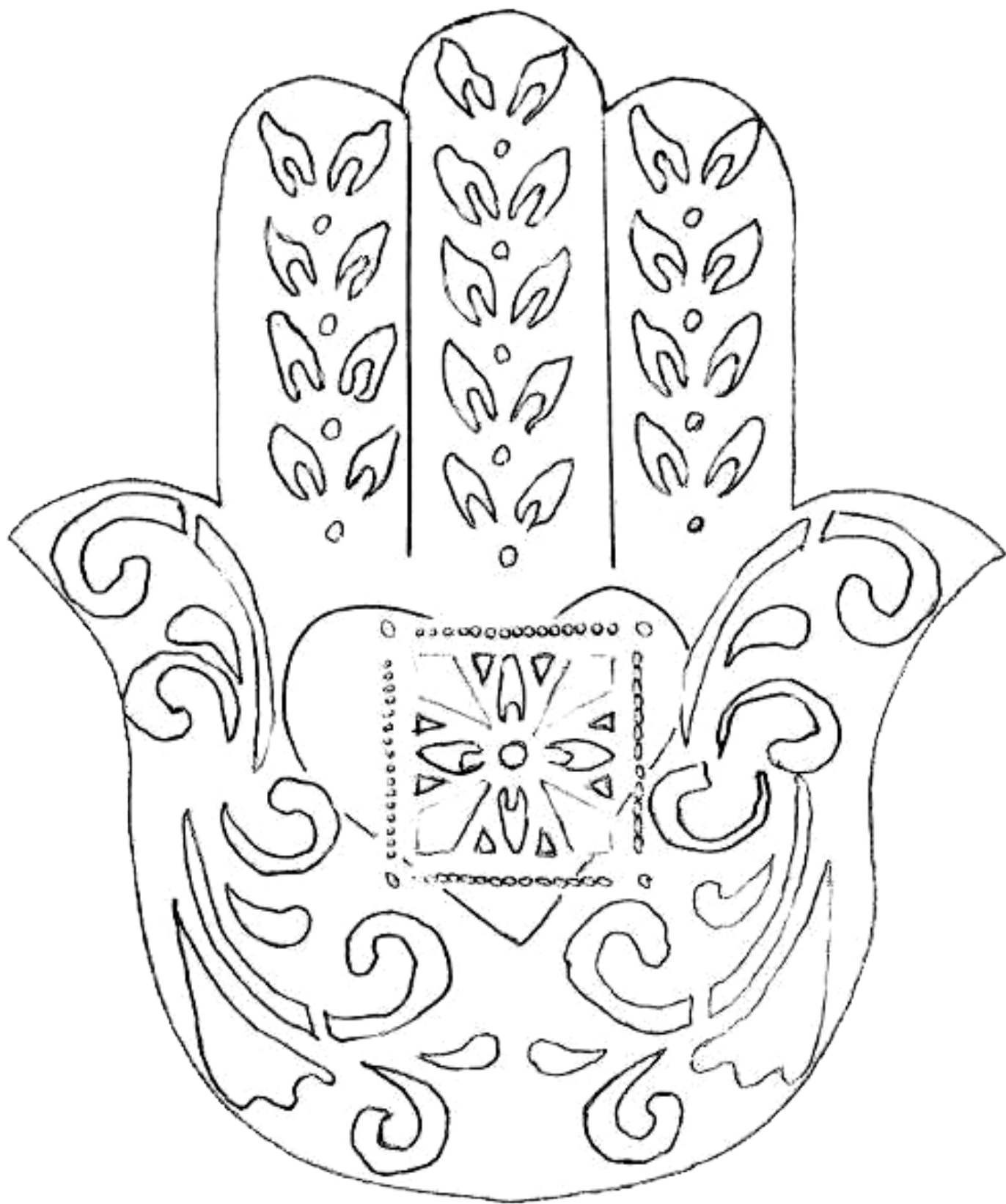
Artist: Sarah Ganaway, Oklahoma, USA
Find her on the web at: kitskorner.com

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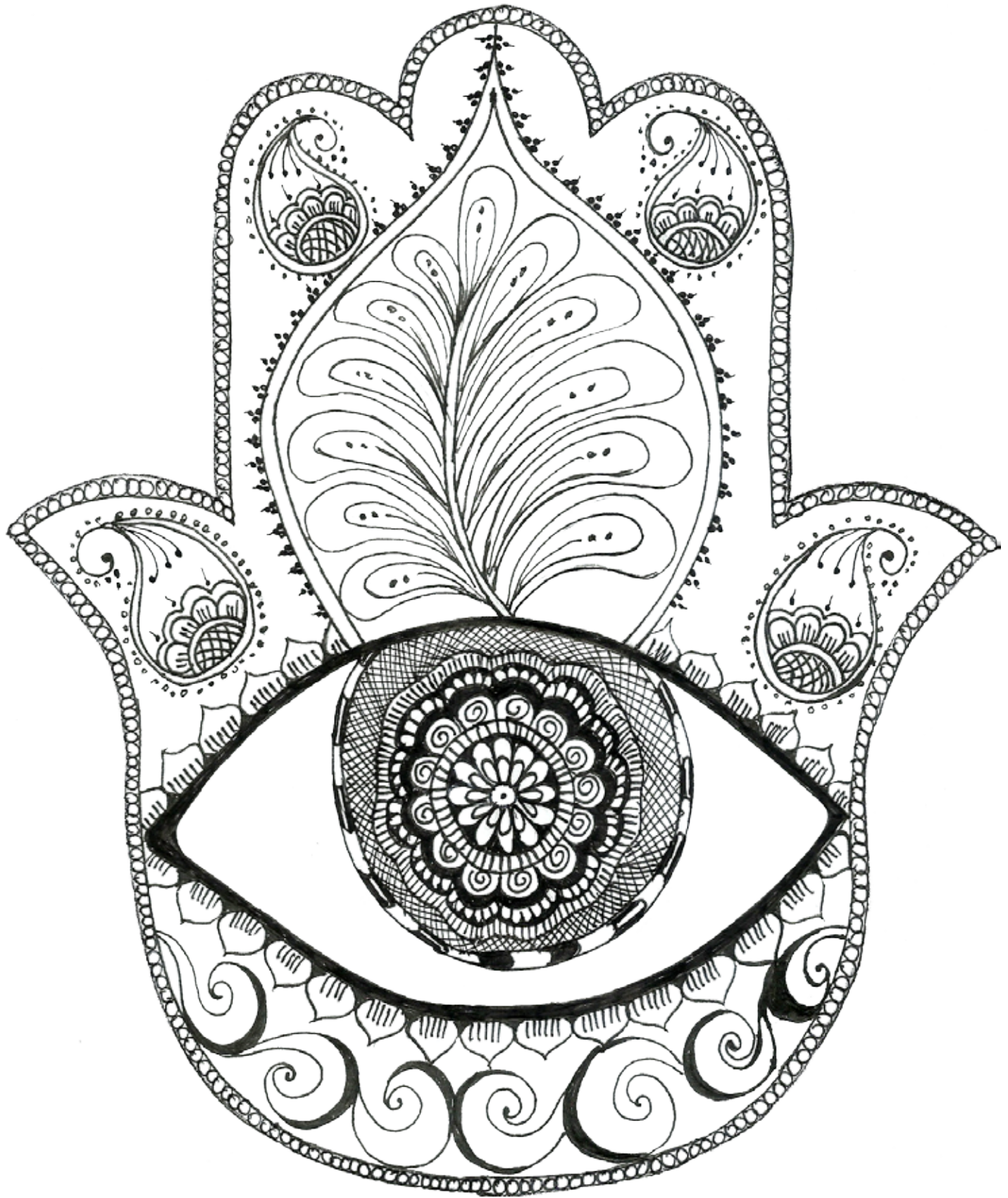
Artist: Ann Grasso, Connecticut, USA
Find her on the web at: www.anngrassopatternart.com

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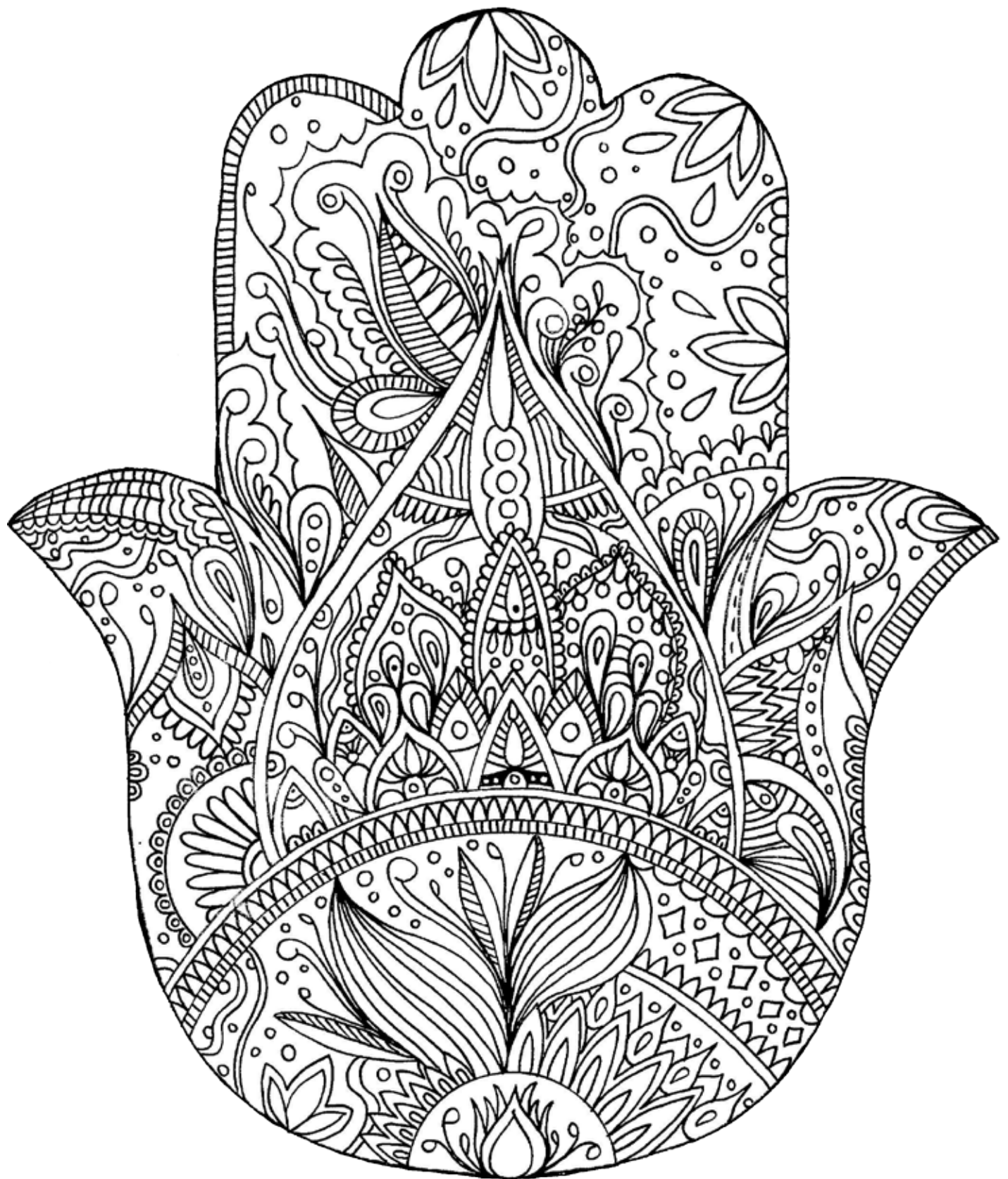
Artist: Nancy Marsh, Missouri, USA

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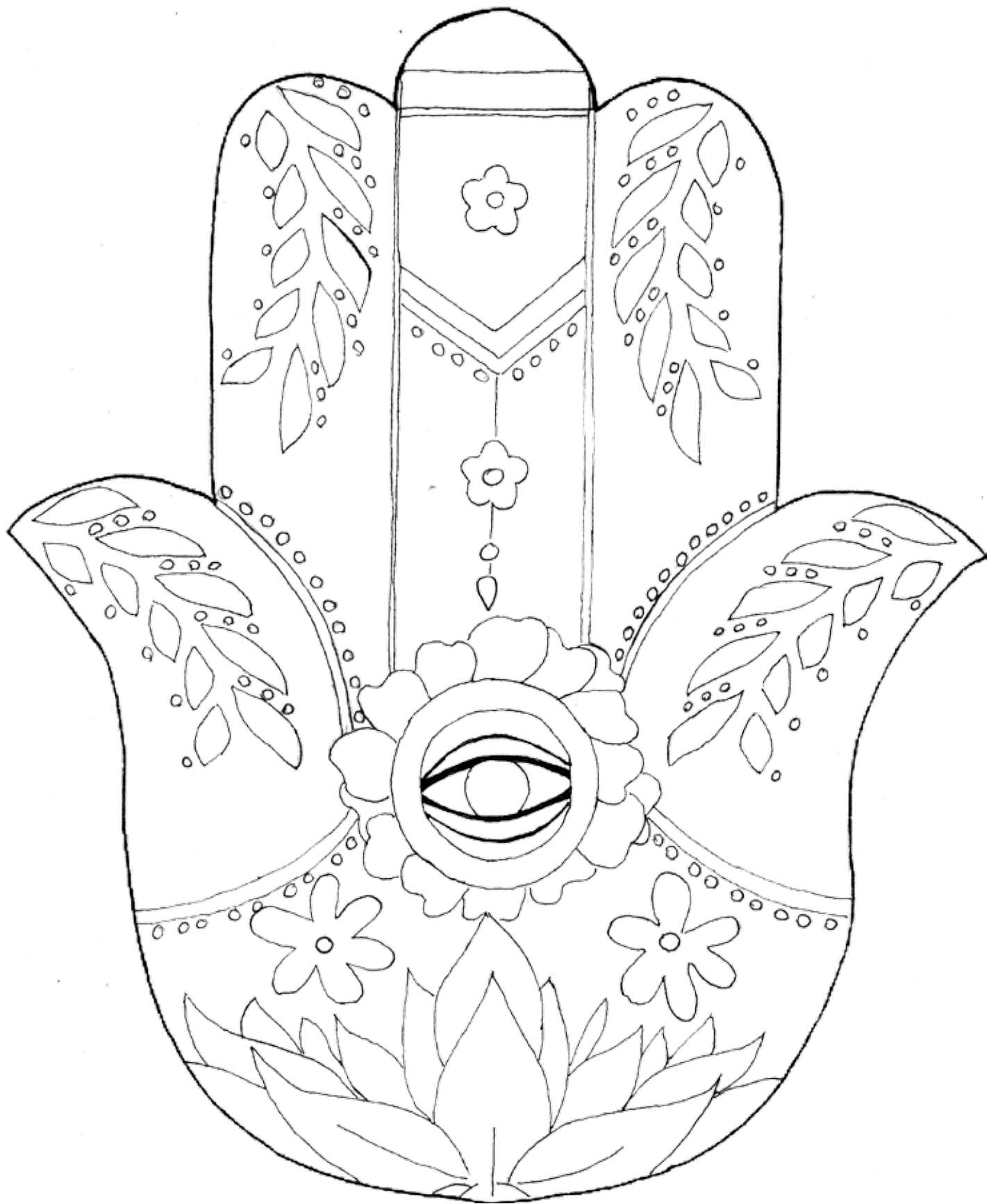
Artist: Shazz, Telangana, India

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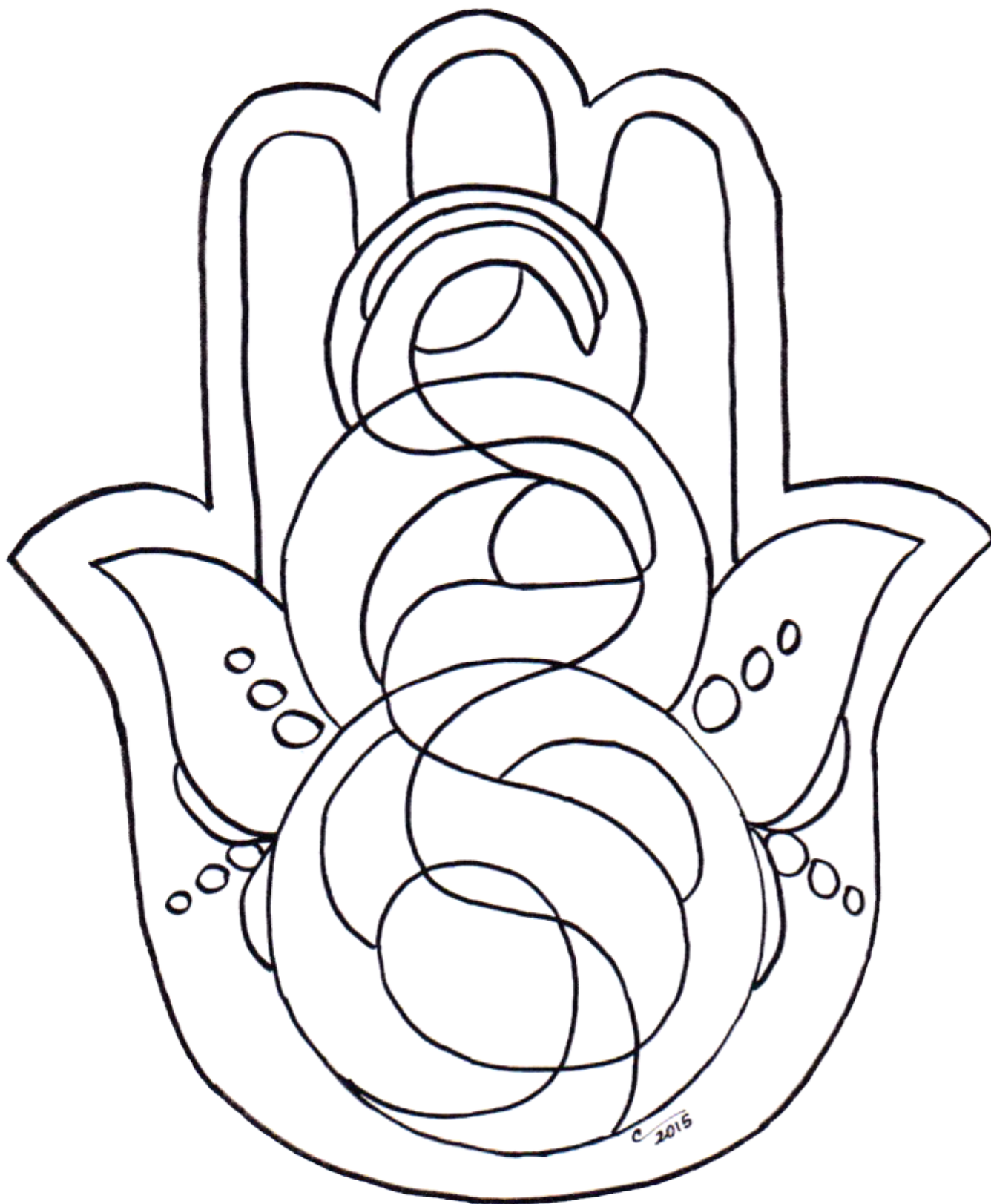
Artist: Valerie Hanson, Quebec, Canada
Find her on the web at: facebook.com/hanson.valerie

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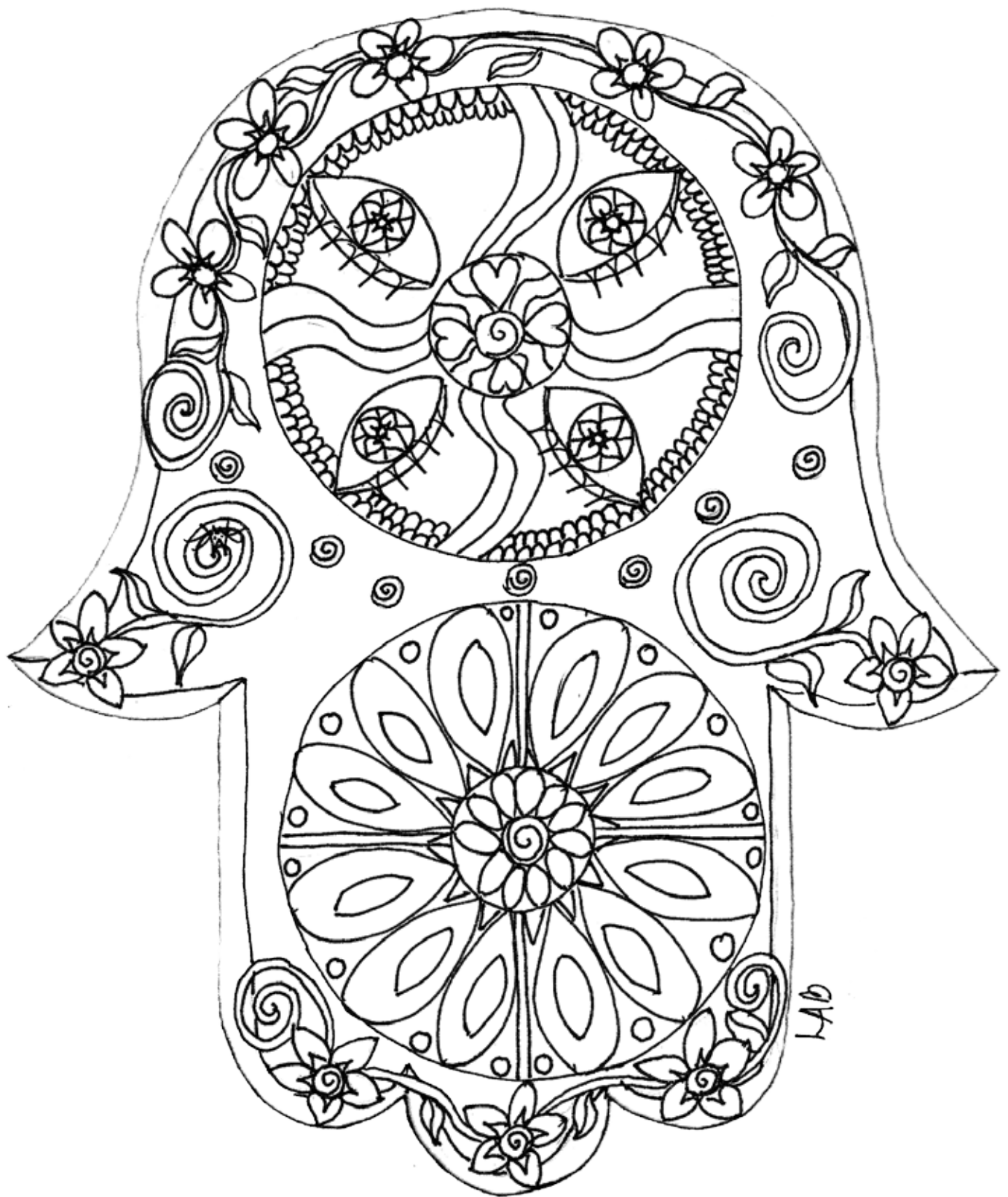
Artist: Alexis Antinossi, Michigan, USA

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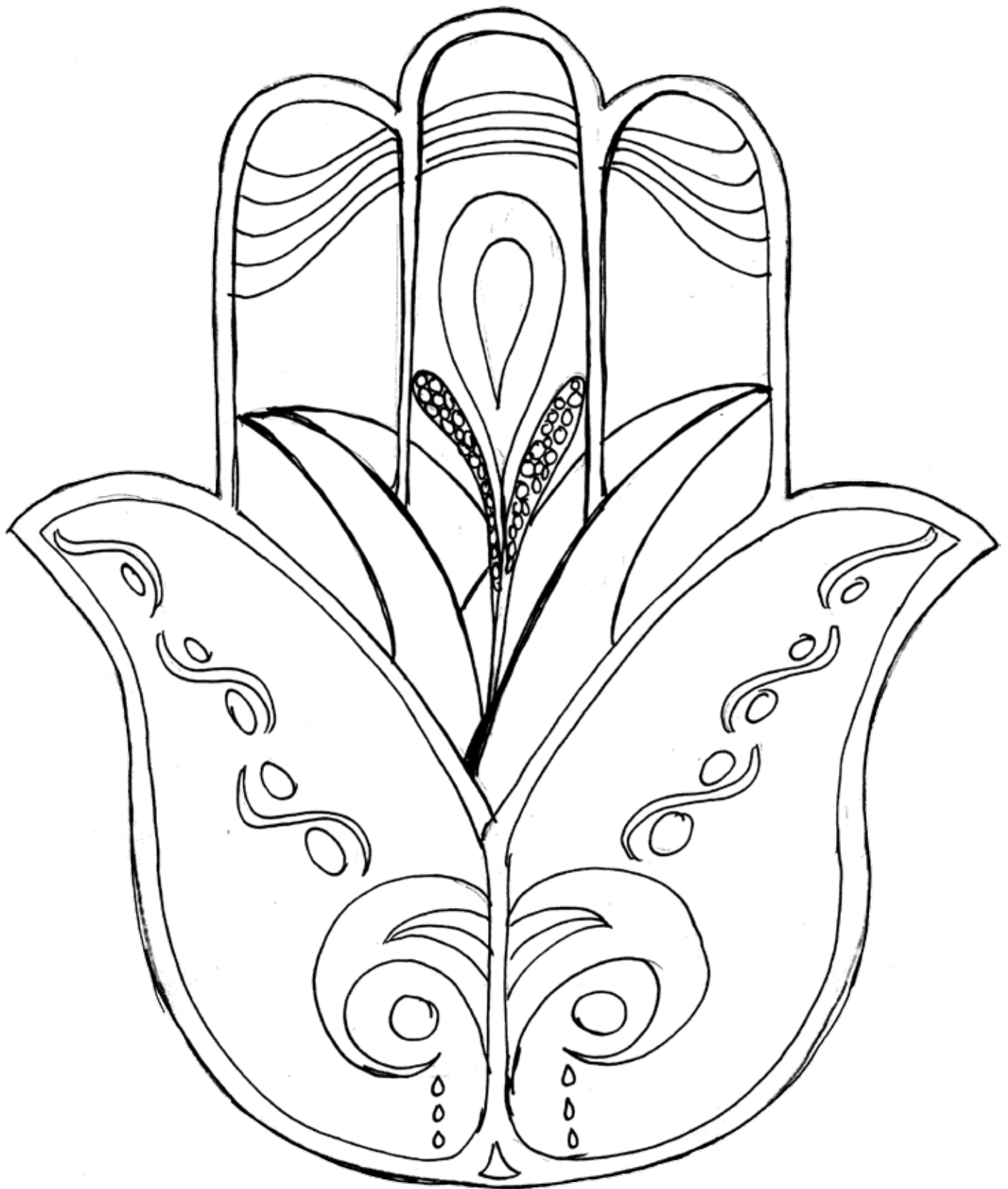
Artist: Chris Gordon, California, USA

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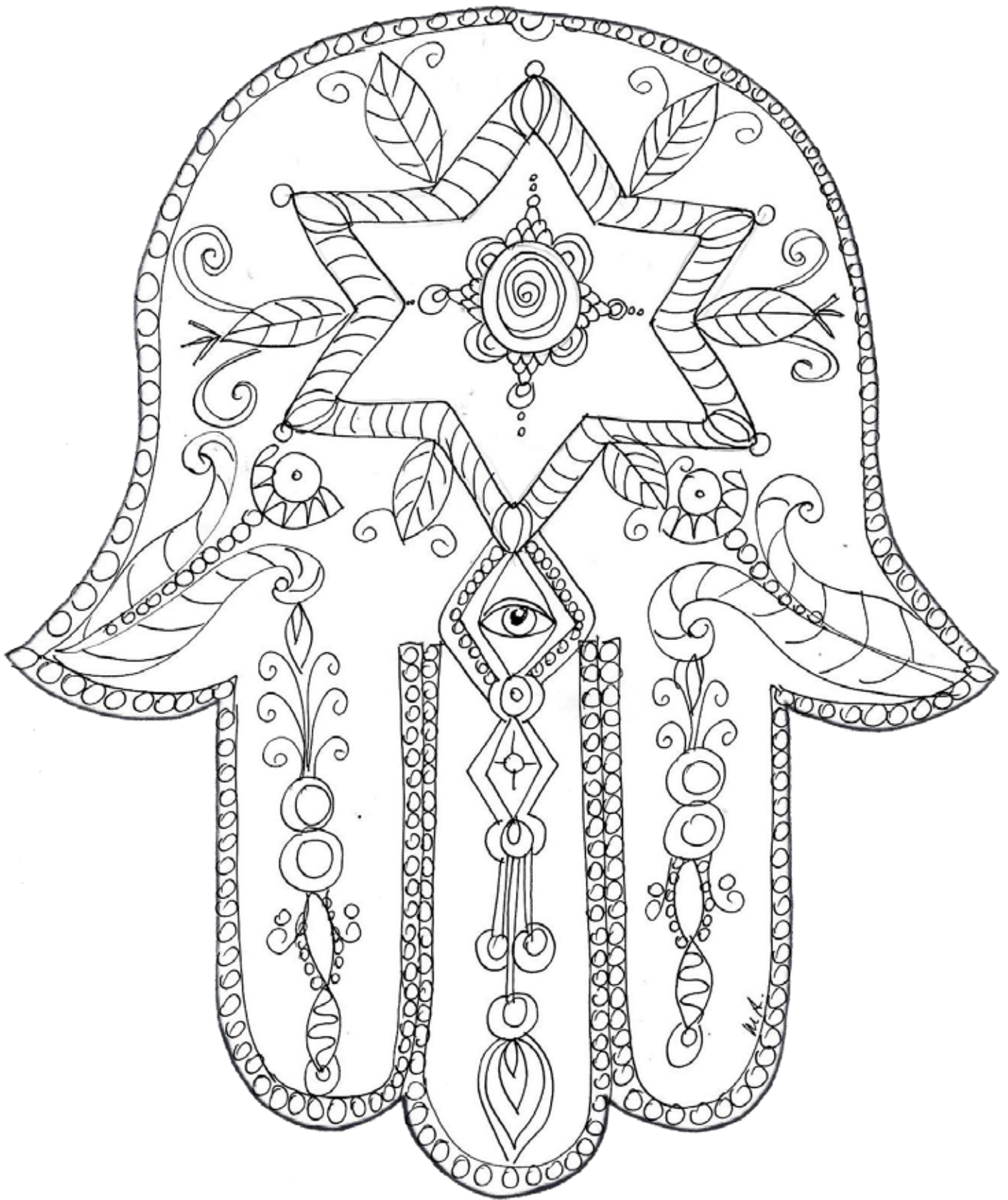
Artist: LouAnn Angelo Bramante, New Hampshire, USA

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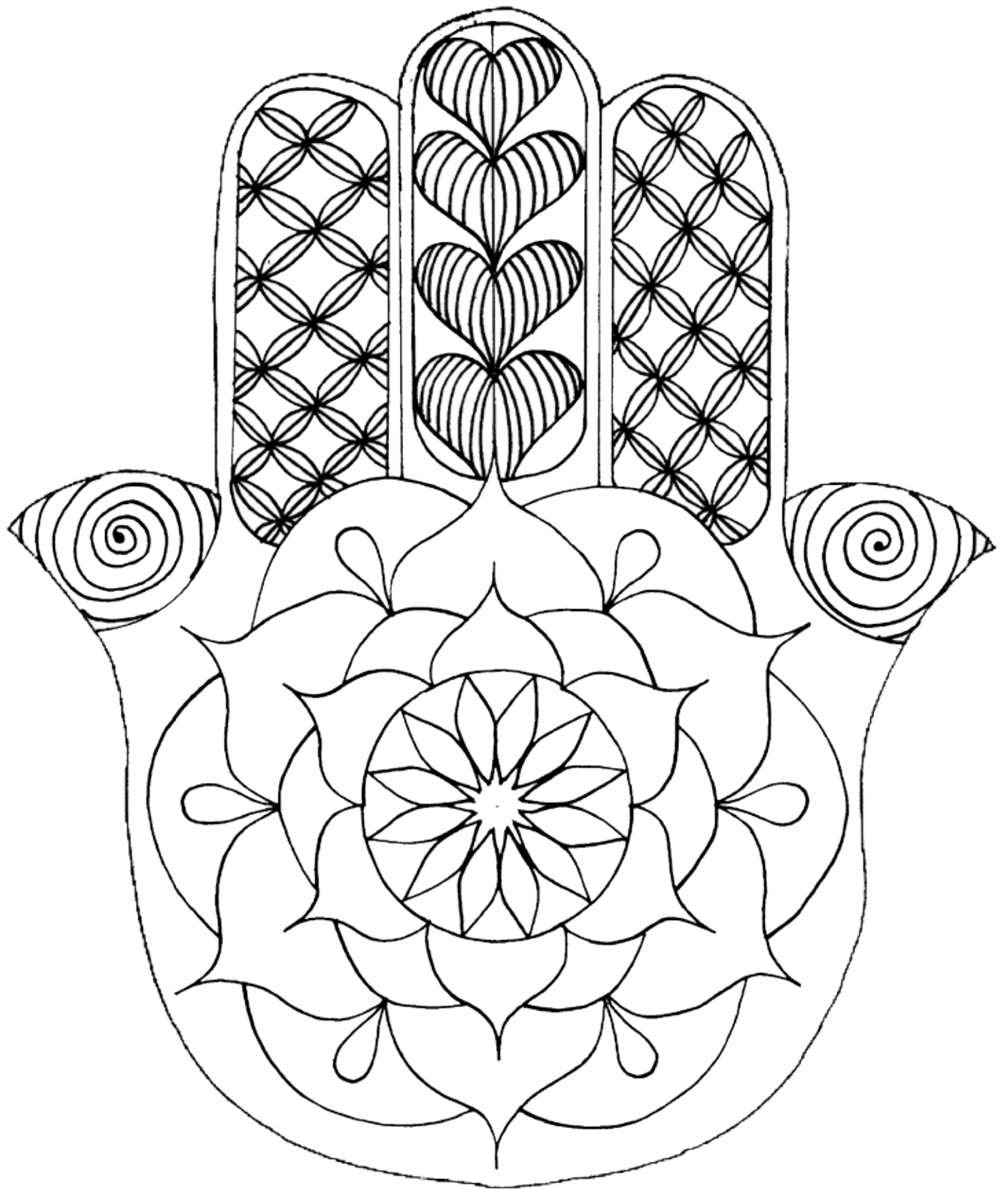
Artist: Debra Arms-Kahler, Pennsylvania, USA

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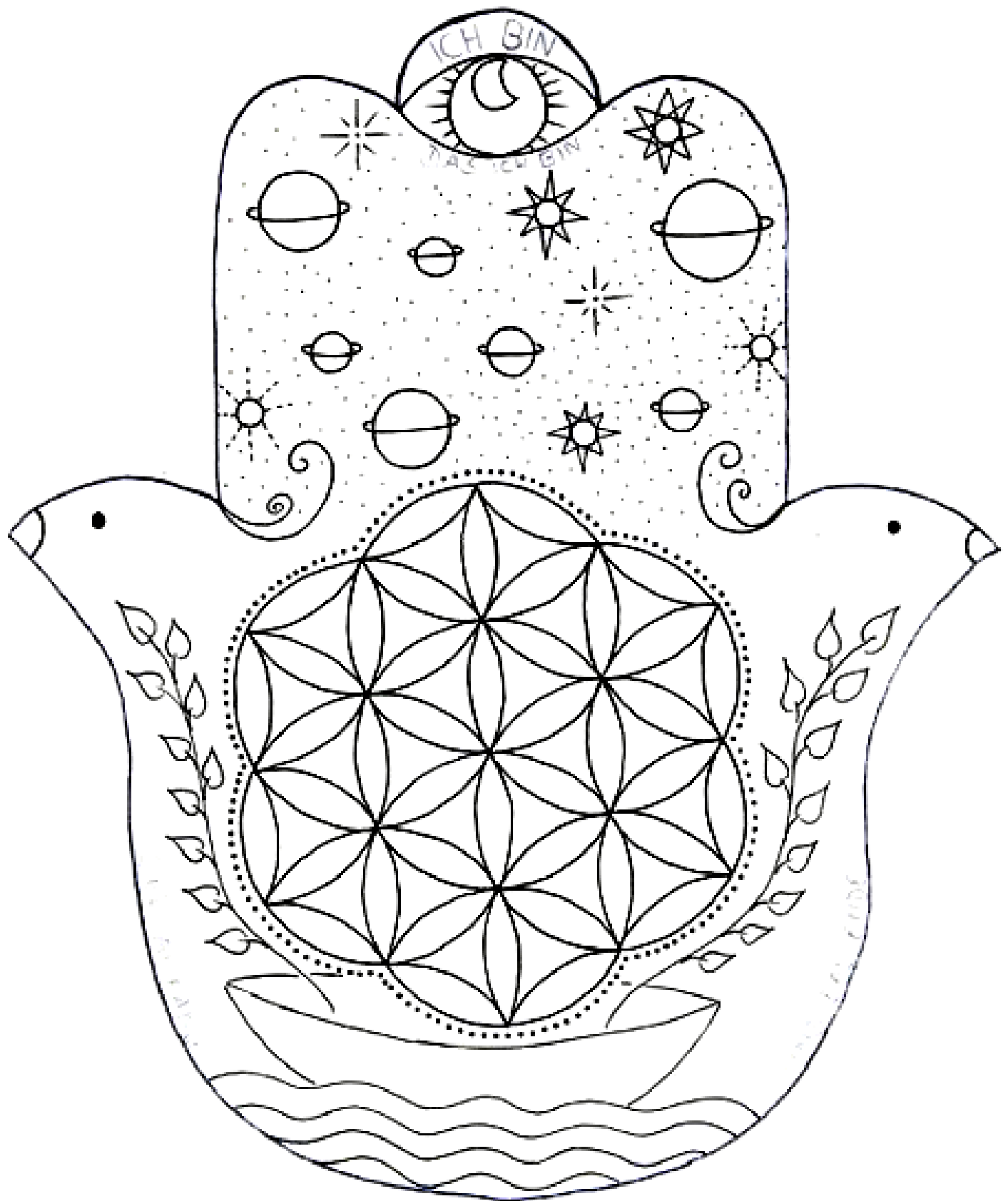
Artist: Marina Argenti, Italy
Find her on the web at: www.liberidicreare.net

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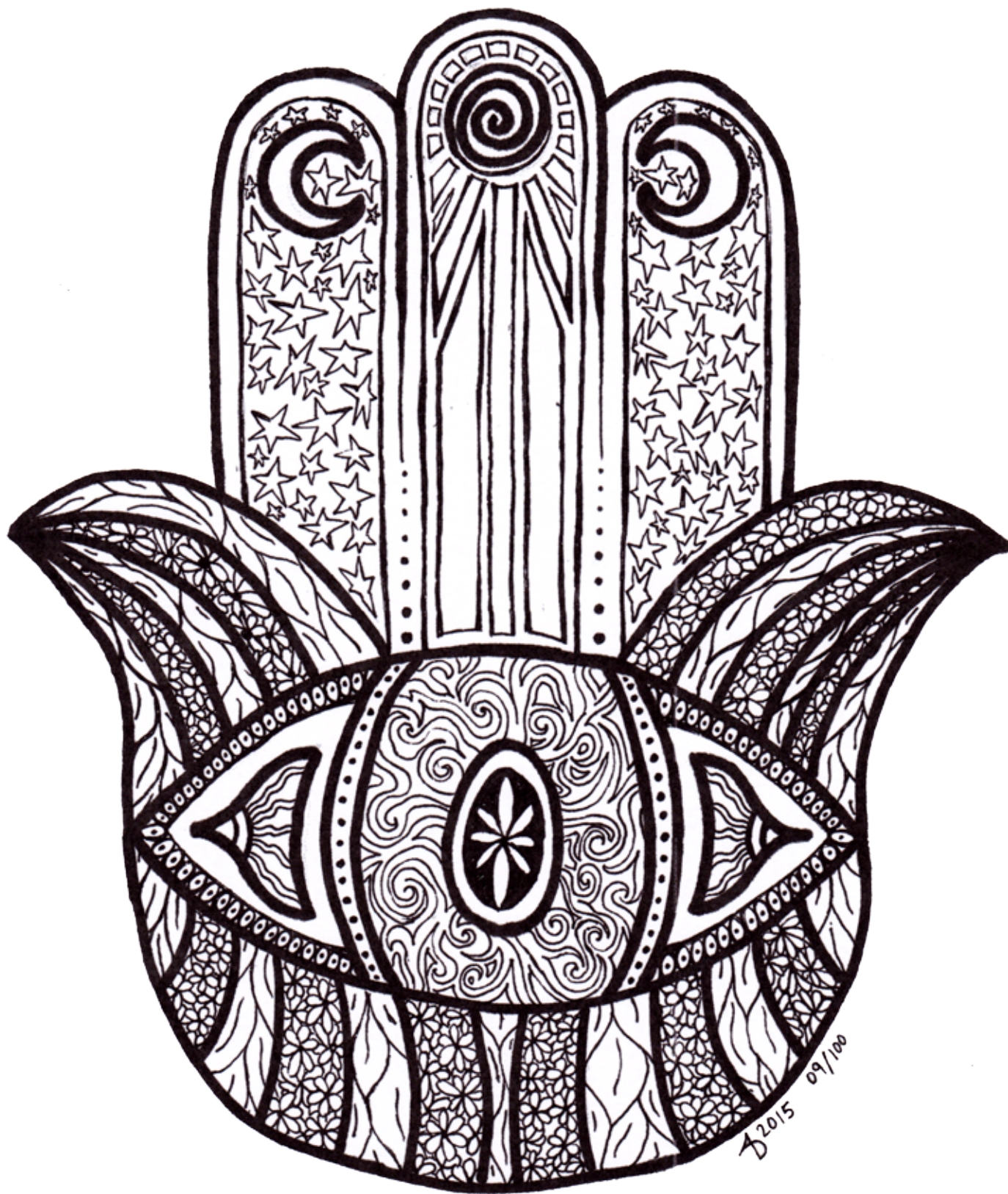
Artist: Katy Abbott, Ohio, USA
Find her on the web at: www.KatherineAbbott.com

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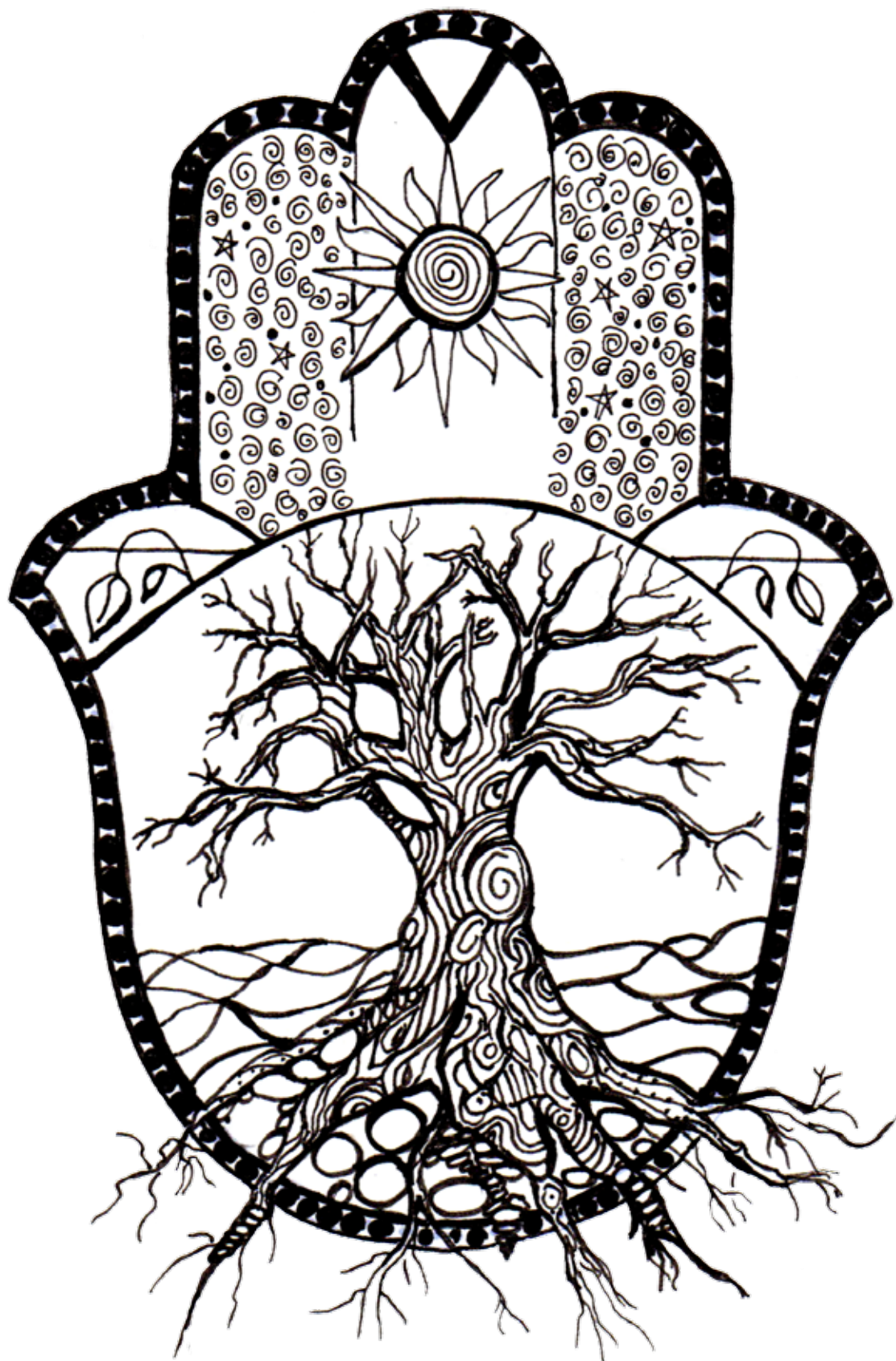
Artist: ClaudiaSchweiger, Germany
Find her on the web at: www.kunstsinnlich.de

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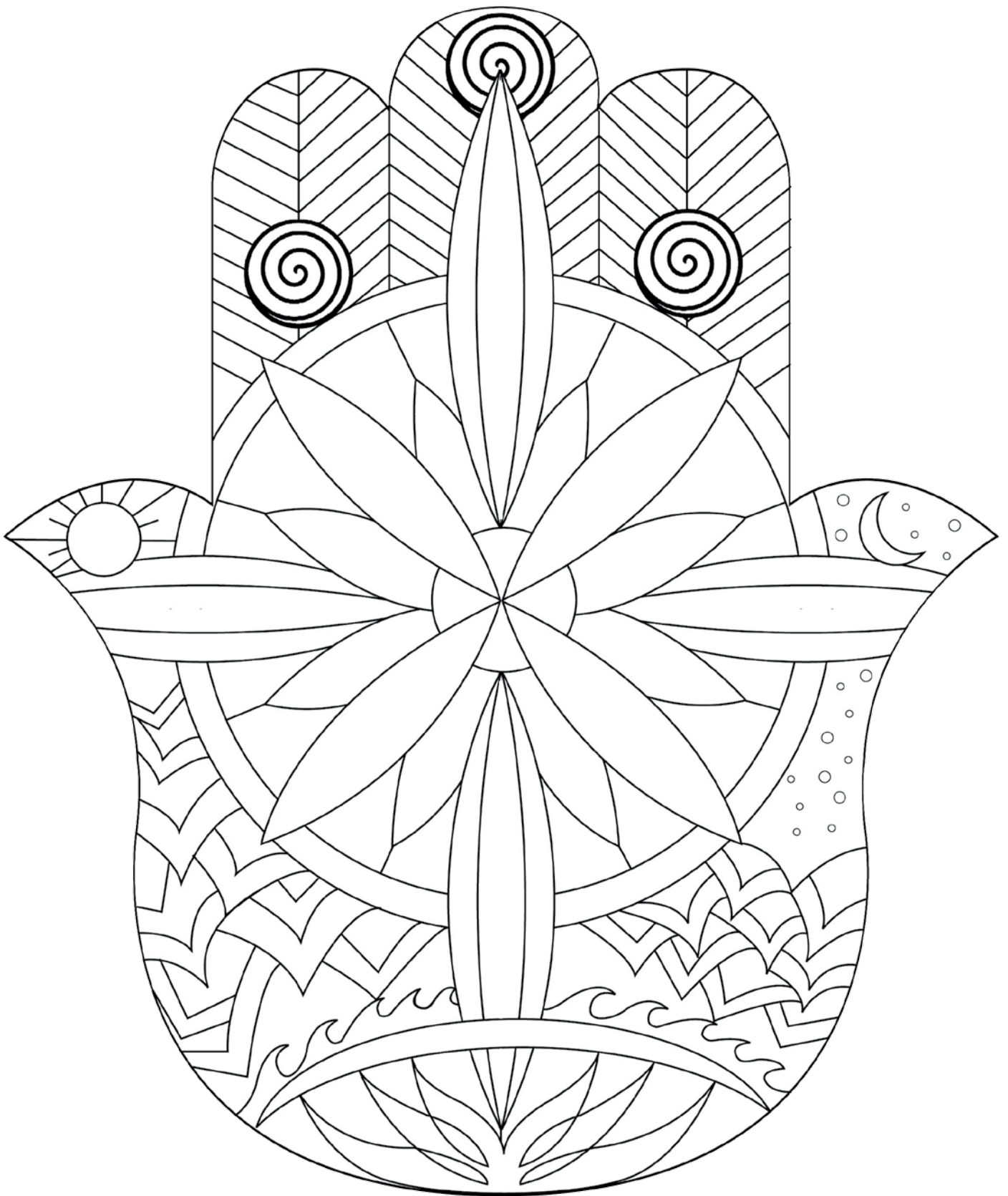
Artist: Anna Dohnke, California, USA
Find her on the web at: [facebook.com/annald100](https://www.facebook.com/annald100)

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Artist: Rita Gjeffe, Montana, USA

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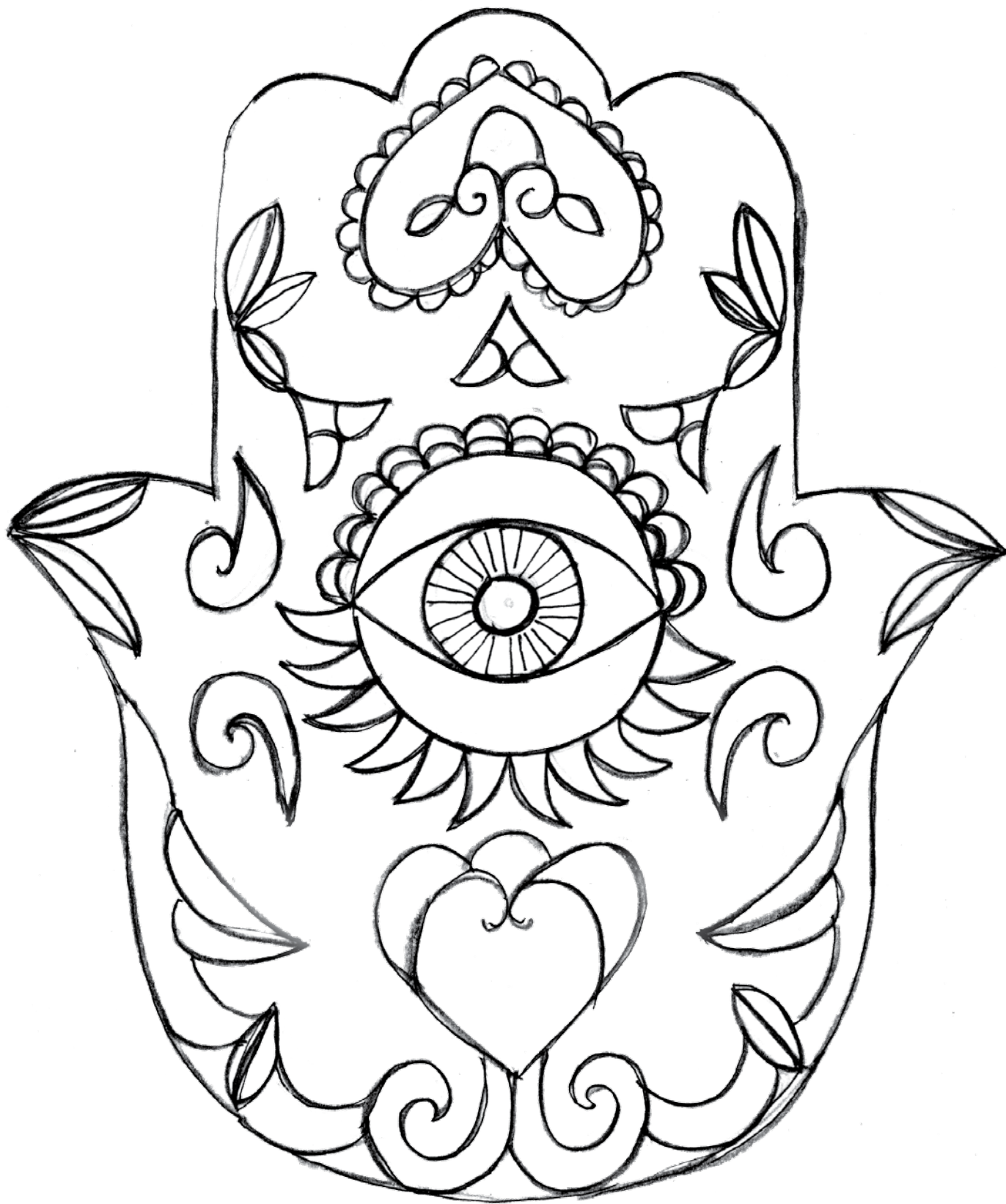
Artist: Colleen Mulrooney, South Africa
Find her on the web at: redravenstudio.blogspot.com

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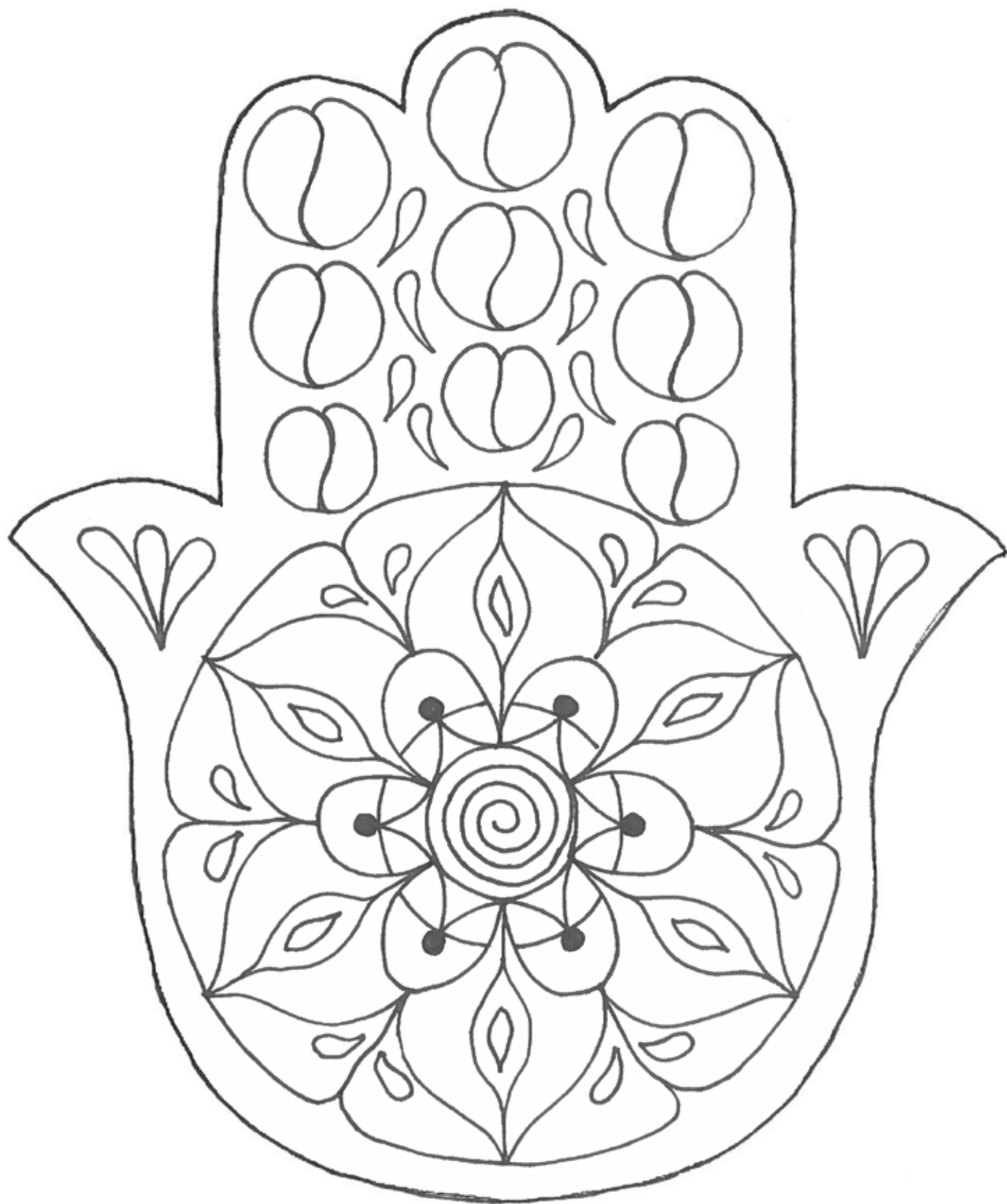
Artist: Tamberly Conkright, Michigan, USA

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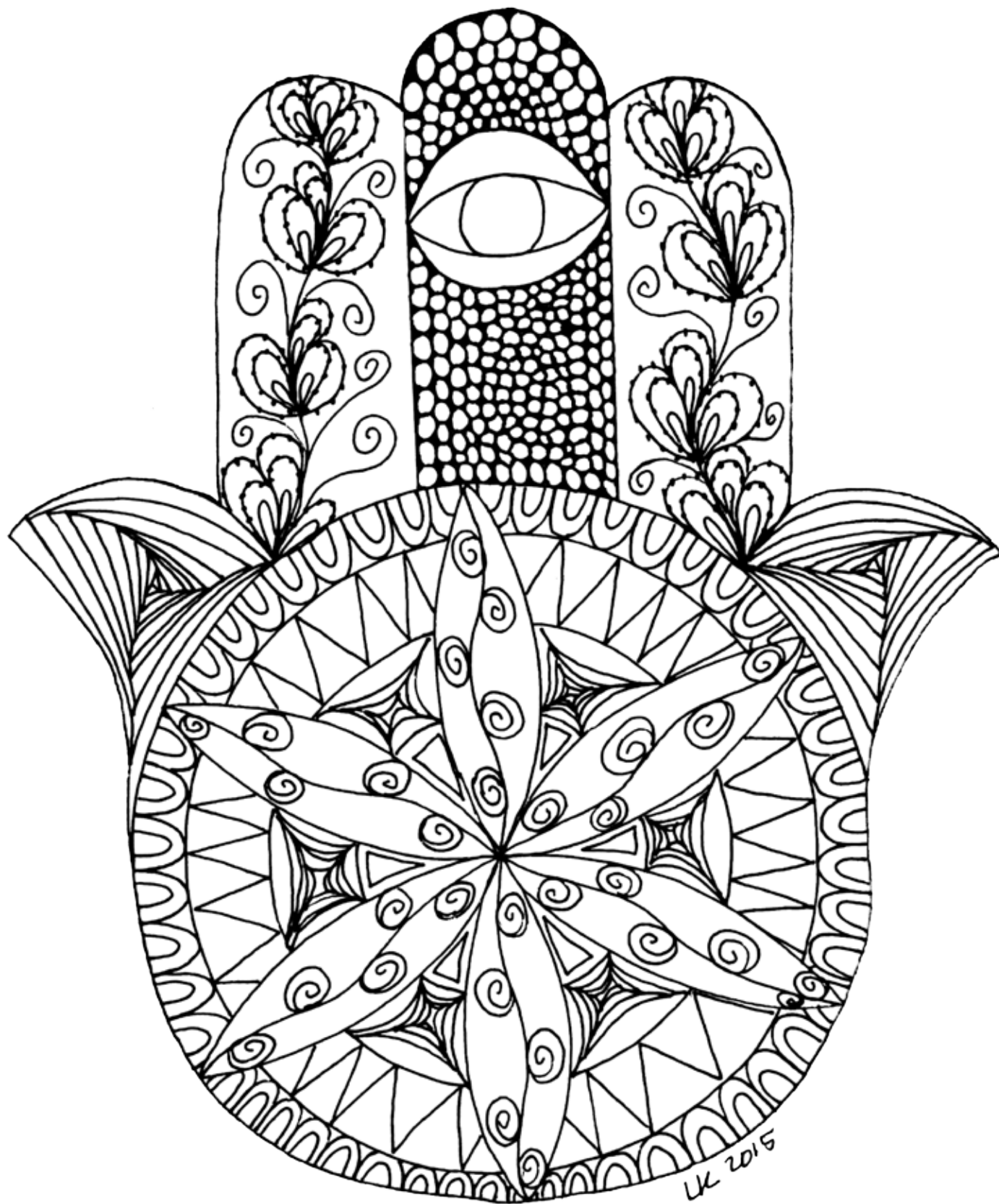
Artist: Colleen Marz, California, USA

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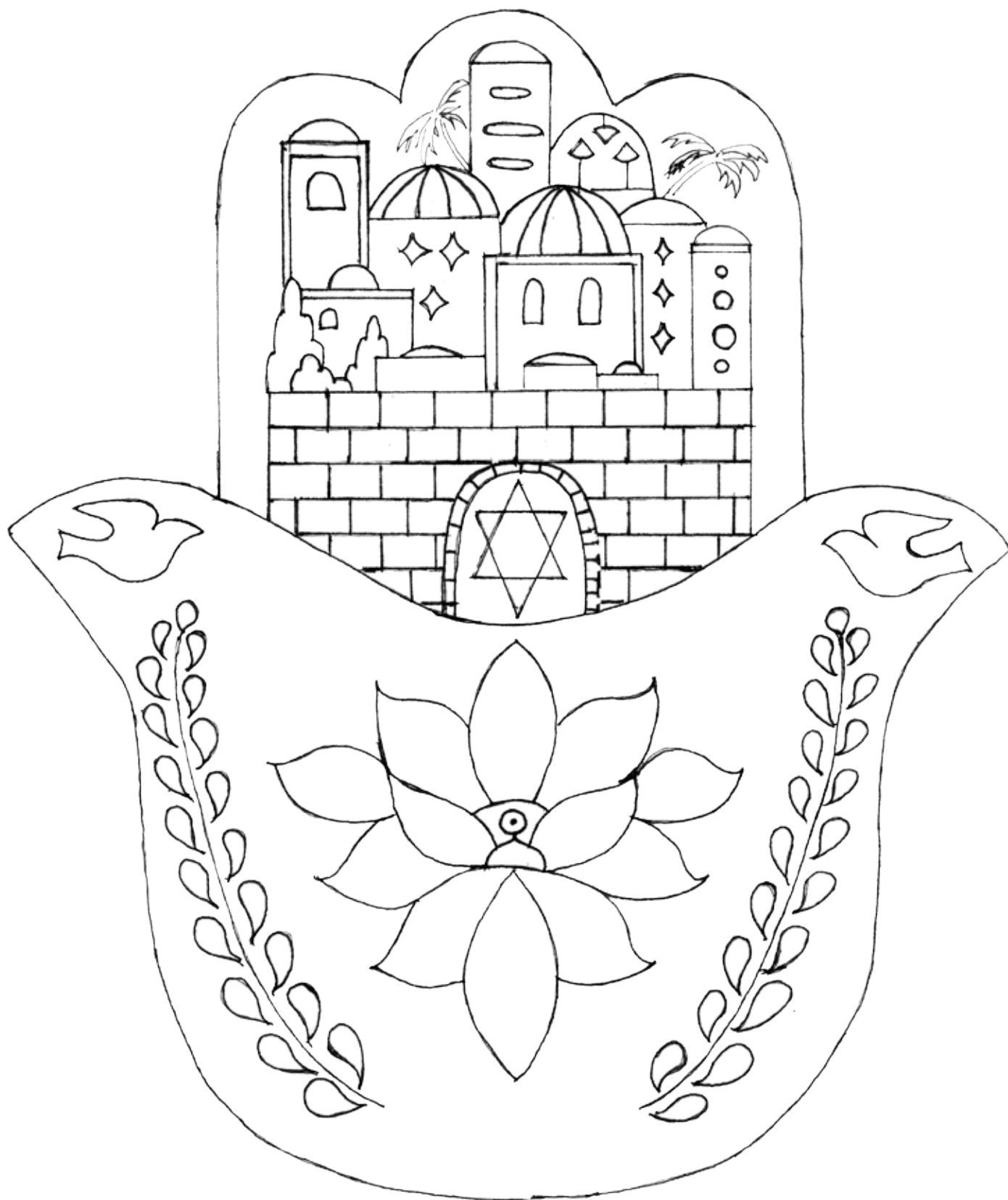
Artist: Lori Pilla, Massachusetts, USA

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Artist: Linda Karpinski, Florida, USA

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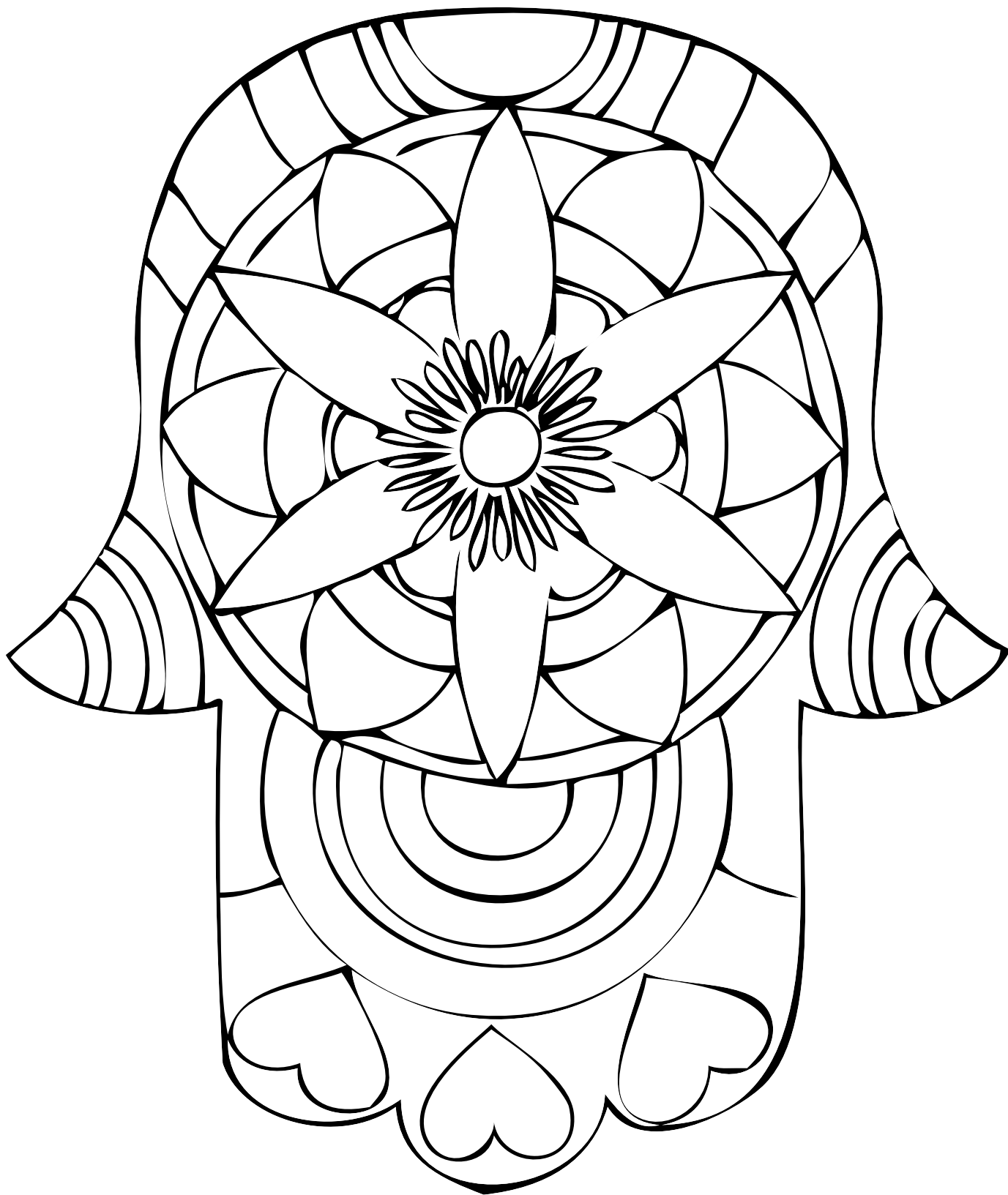
Artist: Suzanne Udell Levinger, Florida, USA
Find her on the web at: suzanne-levinger.fineartamerica.com

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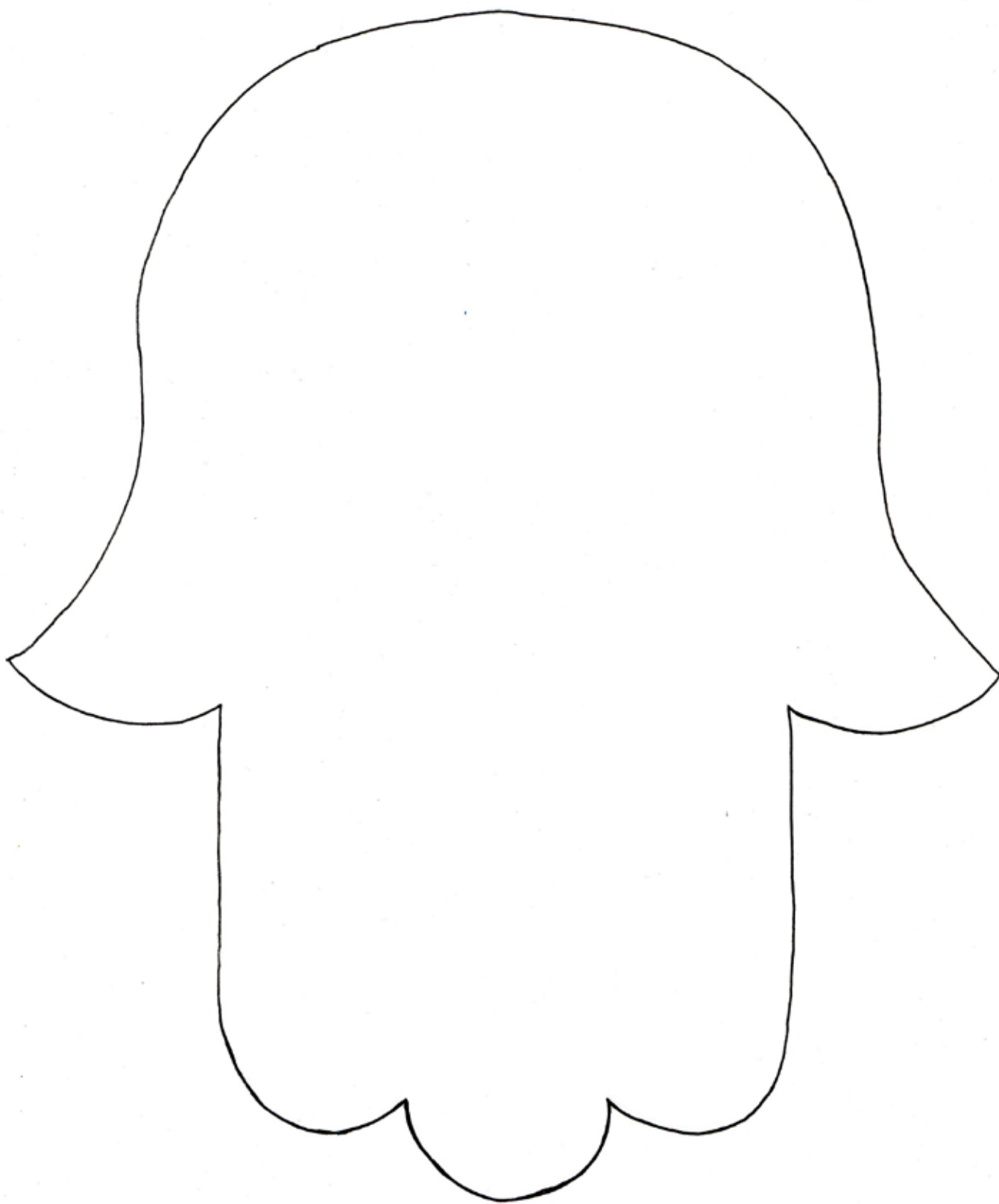
Artist: Shelley Wolfe, Wyoming, USA

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Artist: Judy Gonet Jones, Wyoming, USA

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