



Traveling by Moonlight

FULL MOON
NEW MOON

Zodiac Calendar

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spread the love

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Thank you for honoring the spirit and integrity of this work.



I'M KATHRYN...

ARTIST, AUTHOR, ASTROLOGER, &
INSTIGATOR OF SOULFUL &
CREATING LIVING

Dear Soulful Seeker,

Spring 2026

Welcome, I'm so glad you're here.

There is an ancient rhythm moving above us that's steady, luminous, and patient.

The Moon waxes and wanes.

She disappears and returns.

She travels through every sign of the zodiac, wearing a different face each time.

When we begin to follow her cycles, something within us begins to move in rhythm too.

You've downloaded the Full Moon & New Moon Zodiac Calendar, but what you're really holding is an invitation to step into that rhythm consciously.

Each zodiac sign carries a story.

Aries brings the spark of courage.

Cancer opens the tender heart.

Virgo refines and discerns.

Scorpio transforms.

Pisces dissolves and dreams.

Every sign holds both strength and vulnerability, a light and shadow, and as the moon travels through them, she illuminates those qualities within us.

At the new moon, the sky darkens and a quiet beginning unfolds.

At the full moon, light spills across the night and what has grown becomes visible.

These moments are thresholds.

In the midst of busy lives and constant motion, each lunation offers a sacred pause, a chance to create space, to listen inwardly, to reflect on what is shifting beneath the surface.

This calendar is more than a place to record dates.
It is a wheel of awareness.

Within this guide, you'll find:

- A simple, way to track each new and full moon
- The seasonal turning points of the astrological year
- Zodiac dates and stories
- A framework for creating your own moon rituals
- Journal guidance for intention and release
- Creative pathways for working with mandalas, journaling, and symbolic art to embody the energy of each moon cycle.

Twice each month, at every new moon and full moon, I share a reflection in my ongoing series, ***Traveling by Moonlight***. There, we explore the themes of the current lunation, the archetype at play, the lessons offered, and the energy available for growth and healing.

Together, this calendar and guide become companions for that journey.

You may begin in the dark of winter.
You may begin at the height of summer.
You may begin tonight.

The moon does not wait for a perfect starting point.

She simply continues her path across the sky.

And now, you are traveling with her.

Under the same sky, from my heart to yours,

Kathryn Costa

How to Read the Zodiac Moon Calendar

www.truenortharts.com

Find a list of new moon and full moon dates at www.truenortharts.com

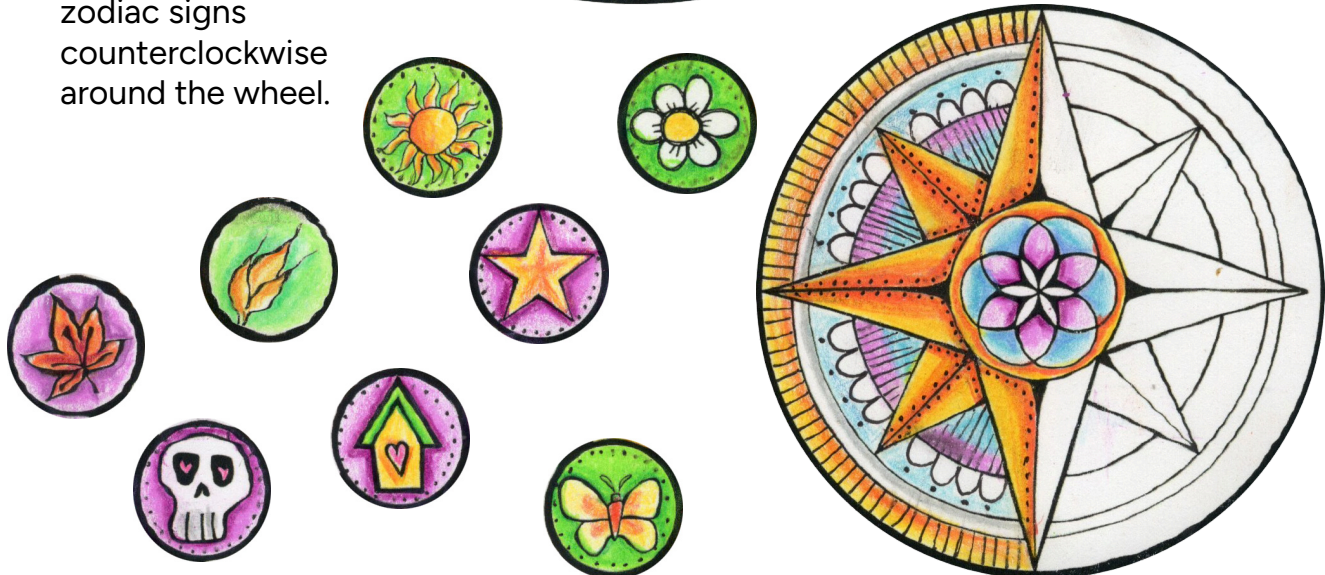
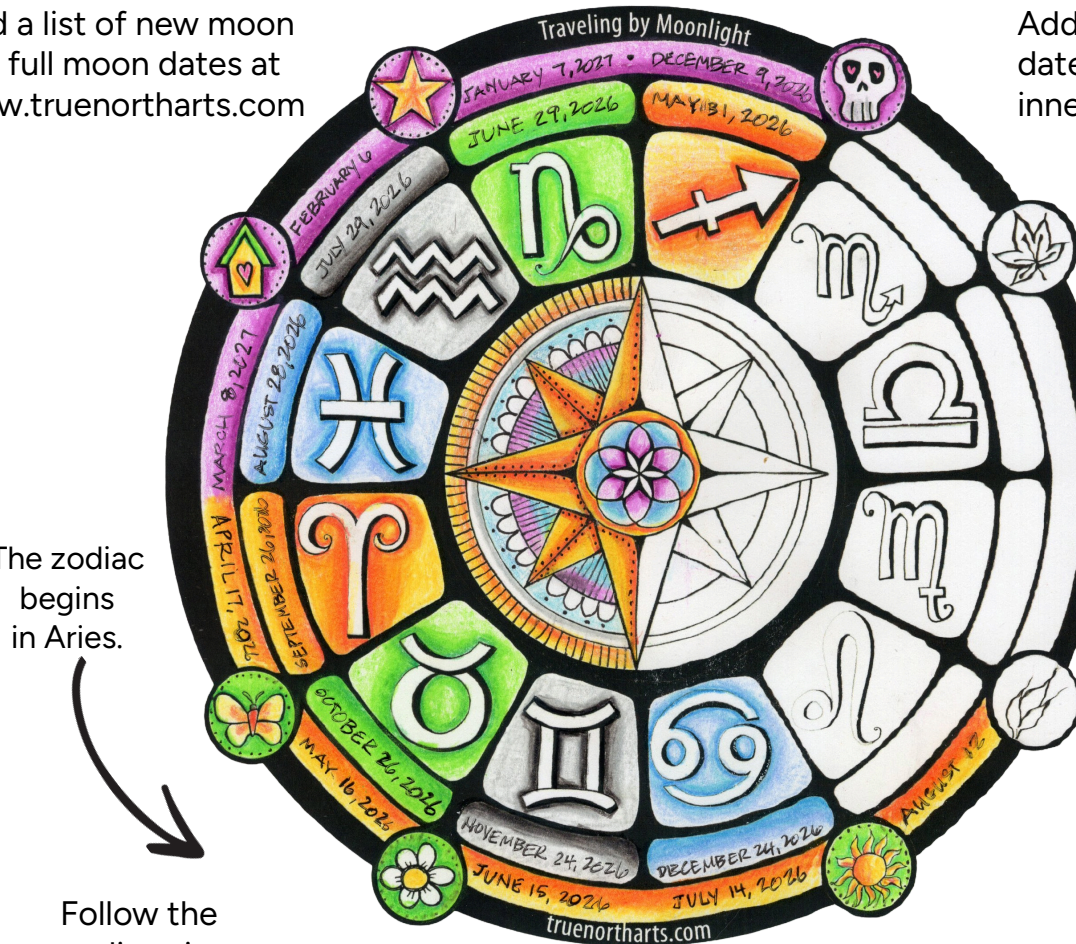
Add **full moon** dates in the inner ring.

The zodiac begins in Aries.

Follow the zodiac signs counterclockwise around the wheel.

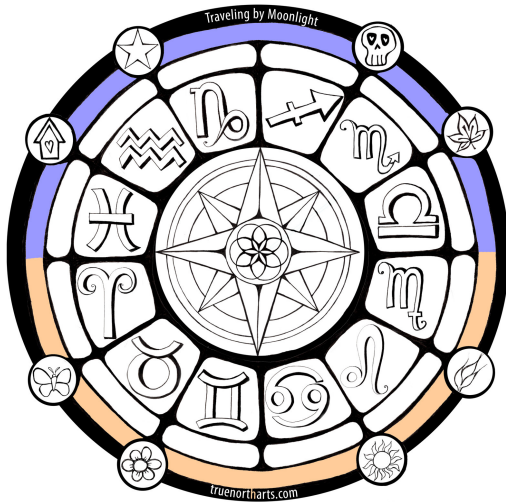
Add **new moon** dates in the outer ring.

Add your own creative flair in the shapes and spaces.



the finer details

www.truenortharts.com



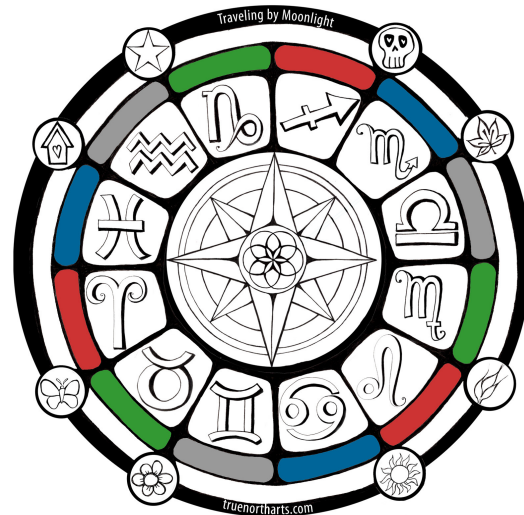
Seasonal Arc

Upper half: Autumn & Winter
Lower half: Spring & Summer



The Compass Rose is a symbol of guidance, inner wisdom, and finding one's purpose.

The Seed of Life at the center of the compass symbolizes growth, potential, and the interconnection of all things in the universe.



The Elements

The inner ring is divided into twelve equal sections, one for each zodiac sign. The elemental colors allow you to see energetic patterns as the year unfolds.

The zodiac progresses:

Fire → Earth → Air → Water

Again and again - initiation, building, relating, feeling.

The signs are color-coded by element:

Fire - Red or warm colors

Aries · Leo · Sagittarius

Earth - Green or earthy tones

Taurus · Virgo · Capricorn

Air - Grey or colors of the sky

Gemini · Libra · Aquarius

Water - Blue or colors of the ocean

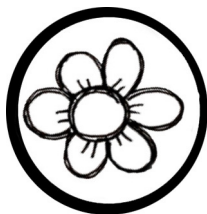
Cancer · Scorpio · Pisces

seasonal markers

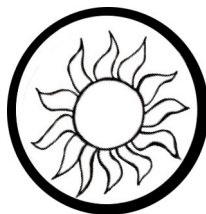
Small circular symbols around the calendar mark the turning points of the year, anchoring the lunar cycle within the greater seasonal cycle. These dates remain consistent each year with occasional one-day calendar variations.



Spring Equinox
March 20



Beltane
May 1



Summer Solstice
June 20



Lammas
August 1



Autumn Equinox
September 22



Samhain
October 31



Winter Solstice
December 21



Imbolc
February 1

zodiac glyphs

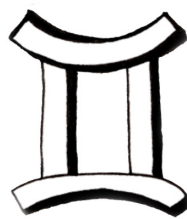
Here are the traditional astrological symbols for each zodiac sign and the dates of their season when the sun is in their sign.



Aries
March 21
April 19



Taurus
April 20
May 20



Gemini
May 21
June 20



Cancer
June 21
July 22



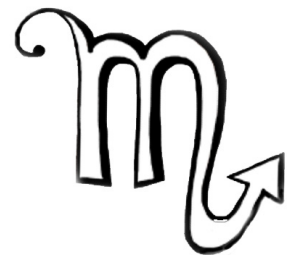
Leo
July 23
August 22



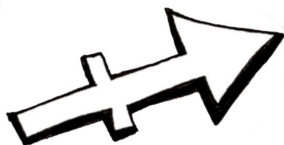
Virgo
August 23
September 22



Libra
September 23
October 22



Scorpio
October 23
November 21



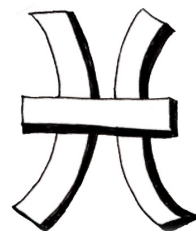
Sagittarius
November 22
December 21



Capricorn
December 22
January 19



Aquarius
January 20
February 18



Pisces
February 19
March 20

zodiac stories

Aries brings the spark of courage.

Taurus roots into the body and builds what endures.

Gemini gathers stories and gives them voice.

Cancer opens the tender heart.

Leo shines with creative fire.

Virgo refines and discerns.

Libra seeks balance and sacred reciprocity.

Scorpio transforms.

Sagittarius quests for truth and wider horizons.

Capricorn commits to mastery and long devotion.

Aquarius envisions the future and awakens the collective.

Pisces dissolves and dreams.

moon rituals

Create Your Own Moon Rituals

The moon does not require elaborate ceremony.

She asks only for attention.

Twice each month, the new moon and full moon offer natural thresholds as moments to pause, reflect, and realign.

Design your own experience.
You might begin simply:

Light a candle.

Step outside under the sky.

Place your hand over your heart.

Breathe.

Read the *Traveling by Moonlight Reflections*.

Pull Tarot or Oracle Cards.

Journal.

Create Art.

At the New Moon

The sky is dark. A new cycle begins.

This is a time for:

- Setting intentions
- Planting seeds
- Listening inward
- Clarifying what you wish to grow

You might ask:

What is beginning in me?

Where am I being invited to take a first step?

What wants my energy and devotion?

Write the new moon dates in the inner ring of the calendar where the new moon falls.

Write your intentions in your journal.

moon rituals

At the Full Moon

The sky is illuminated. What has grown becomes visible.

This is a time for:

- Reflection
- Illumination
- Release
- Integration

You might ask:

What has come to light?

What feels complete?

What am I ready to release?

Mark the full moon dates in the outer ring.

In your journal, note what you are releasing, acknowledging, or celebrating.

Working with the Zodiac

Each lunation carries the energy of the sign it falls in.

Fire signs inspire courage and action.

Earth signs ground and build.

Air signs bring insight and communication.

Water signs deepen emotion and intuition.

As you track the moons through the zodiac wheel, patterns will begin to reveal themselves.

The ritual is not about perfection.

It is about returning, again and again.



Traveling by Moonlight

Moon Rituals for Creative Souls

Where astrology, Tarot, chakras, and hands-on creative practice come together in soulful reflection.



Traveling by Moonlight is more than a moon ritual series.

It is a creative spiritual practice.

Each new moon and full moon, I guide you not only through the astrological insights and Tarot symbolism of the lunation, but into a tangible creative experience.

Through mandalas, art journaling, stencil work, sacred symbols, and guided creative prompts, you are invited to create your own sacred space and embody the energy of the moon cycle

Get started today at
www.truenortharts.com.

Creating Sacred Space

Where you'll find refuge in your art making practice.



Tools for Creativity

When you begin creating art with intention, a sacred space naturally opens. Within that space, a quiet conversation with your inner wise self becomes possible.

I've designed stencils to make it easy to get started. Whether you are discovering your creativity or are a seasoned artist, the stencils provide a quick option so you can spend more time focusing on adding color, and patterns as you reflect on the themes of the current moon cycle.

Find inspiration in each *Traveling by Moonlight* post using the stencils that I've designed.

Meditation Circles

Coming this Spring 2026!

Between the Spring Equinox and Summer Solstice, I will be offering live New and Full Moon Meditation Circles.

Each session includes:

- A brief welcome and lunar reflection
- Guided Soul Journey meditation
- Journaling time
- Optional sharing
- Available online, 45 to 50 minutes.

No recordings. Just presence.

Visit www.truenortharts.com to learn more and join upcoming events.

Seasonal Gatherings

A place to create in community.

Stay Connected with Other Soulful Seekers

Throughout the year, longer format events are offered to create a retreat experience. It is an opportunity for you to create sacred space in community and savor dedicated time for creativity. The creative time is an open studio where you can work on any project. Everyone is welcome including visual artists, writers, and intuitive creators.

Each gathering includes:

- Welcome & Opening Ritual
- Introduction to the Seasonal Themes
- Guided Soul Journey Meditation
- Creative Time (60 to 90 minutes!)
- Optional Sharing
- Beautiful Handout with an optional activity that you can print and use for your creativity practice.
- Available Online and recorded.

Spring Equinox
Summer Solstice
Lion's Gate
Samhain + 13 Wishes
Autumn Equinox
Winter Solstice

Visit www.truenortharts.com
to learn more and join
upcoming events.

A Blessing for the Journey

Dear Soulful Seeker,

May this calendar become a quiet companion in your year.

May each new moon remind you that beginnings are always possible.

May each full moon illuminate what is ready to be seen.

May you create not to impress, but to express.

May the time you set aside for reflection become a sanctuary.

May you travel by moonlight with courage, tenderness, and trust.

And now, begin.

Print your calendar.

Mark the next new or full moon.

Light a candle.

Pick up a pen, a brush, or a color.

Your journey through the zodiac year starts with a single moment of attention.

Under the same sky,

Kathryn Costa

Instigator of Soulful & Creative Living

True North Arts